

Good News

- **Baby Broccoli** – Diccicio (Coke Farms) and Baby Sprouting (Coastal Organics) are available right now. Sprouting may be spotty as the growing areas were affected by the recent fires.
- **Tree Ripe Tangerines** – In stock from Regier Farm. Very sweet and easy to peel.
- **Blacksheep Produce** – Stocking a few items from this Chino based family farm: baby mixed carrots, delicata/kabocha squash, purple plum radishes, and baby mixed heirloom tomatoes.
- **Asparagus/Leafy Greens/Broccoli** – Great buy right now! The cool nights have been ideal and we are seeing good supply and prices.

Bad News

- **Tomatoes** – **Extreme market!** Prices on all varieties and sizes are through the roof. FL usually provides relief this time of year when the CA/MX season dwindles. Hurricane Irma damaged a large portion of the tomato growing region on the East coast leaving the rest of the country with nothing. MX is dealing with very cold nights which is delaying harvest.
- **So Cal Fires** – LA/Ventura/Santa Barbara counties have been hit very hard with about 150,000+ being burned. Several major and small farms have been directly affected by the fires with damages or having to evacuate. A few major avocado and lemon groves have burned.

New Seasonal Items

Pineapple Quince

Farmers Market (Frog Hollow) sku# 19644, 10 lb flat

Conventional sku# 2567, 36-42 ct case
sku# 2568, each



Featured Product

IN STOCK NOW!

Pack size on all items 12/16 oz

- Item# 25200 Watermelon
- Item# 25193 Blackberry
- Item# 25199 Strawberry Kiwi
- Item# 25195 Apple
- Item# 25196 Mango-Grapefruit
- Item# 25198 Pomegranate
- Item# 25197 Pear
- Item# 251914Cucumber

hint
water made tasty™



0 calories, 0 sugar, 0 diet sweeteners

Market Overview

Avocadoes

Prices have eased considerably. Fresh hass avocado chunk available – item# 129, 8/2# case.

Artichokes

Prices are decent this week considering the Thanksgiving holiday. Quality is good.

Sunchokes

Supply is good. Great quality and sizing.

Asparagus

Conventional – Price and supply have greatly improved.

Local – Local product is unavailable this week.

White – Product available. Item# 117. Price is very high.

Brussel Sprouts

Prices are up with the heavy demand coming on from the holidays.

Cauliflower, Celery, Broccoli, Romanesco

Caulif/Romanesco – Quality and pricing have improved a bit. Should be better through the month.

Celery – Prices have dropped to very low levels.

Broccolini – Prices are returning to lower levels. Good quality.

Broccoli – Improving this week though crowns will still be tight. Prices are up a bit.

Stone Fruit

Yellow Peaches – Done.

White Peaches – Done.

Donut Peaches – Done for the season.

Nectarines – Done.

Cherries – Done for the season.

Plums/Pluots – September Yummy is all that remains.

Citrus

Lemons – Prices have eased. Smaller fruit is a better buy.

Limes – Prices are fair and quality will continue to improve.

Blood Oranges – Conventional product in stock.

Cara Cara Oranges – Unavailable.

Kumquats – Coming available.

Grapefruit – Mostly TX though there is some CA.

Local Oro Blanco – Done for the season.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710, 40# case.

Valencia – Not much right now.

Navels – Prices should be easing as the season improves. Quality is ok but will improve.

Pumelo – Finished!

Tree Ripe Tangerines – Done!

Sumo Tangerines – Done for the season.

Daisy Tangerines – Done for the season.

Clementine/Satsuma/Mandarin – In stock.

Figs

Black Mission and White Sierra/Kadota in stock. Very limited as the peak season had ended.

Leaf Items

Napa Cabbage – Prices have eased. Good supply.

Arugula – Recovery has been slow. Quality is fair but should recover as the weather holds out.

Spinach – Good supply and quality.

Bloomsdale/Savoy – Local stock from County Line has started. Conventional will come available too.

Spring Mix/Mesclun – Most of the supply coming from Salinas. Quality has been ok.

Iceberg – Prices are returning to normal levels. Good quality.

Green/Red Leaf – Quality and supply are good.

Butter – Prices are down but keep an eye on quality.

Romaine/Hearts – Price should be easing over the coming weeks. Quality is improving.

Kale – All baby mixes are back in stock. County Line product on hand, item# 18088.

Peas & Beans

Sugar Snap & Snow – Demand is high and we are seeing good quality on both. Prices are up with the holidays.

Garbanzo Beans – Finished.

English Peas – Conventional product on hand. Pricing is fair.

FM Shelling Beans – Very limited. Cranberry and Purple Runners on hand until we cannot source.

Pea Tendrils – Conventional product available.

Fava Beans – Fresh product on hand. Pricing is at lower levels.

Blue Lake – Prices are up due to the high heat.

Melons

Hon/Cant – Desert is wrapping up. Supply will be mostly smaller fruit and prices may be up.

Heirloom Melons – Done.

Watermelon – Desert is wrapping up. Supply will be mostly smaller fruit and prices may be up.

Yellow Watermelon – Done for the season.

Pineapple – Price and supply are good.

Cucumbers

Standard – Market is steady out of Nogales.

English/Hot House – Supply out of Nogales is decent.

Pickling – Limited on the larger sizes. Mostly fancy available.

Garlic/Shallots

Prices and supply are great on both.

Ginger

Prices and supply have returned to normal levels.

Peppers & Chiles

Bells – Prices have eased on Green and Red. Yellow is up.

Shishitos – Prices and supply are good.

Red Fresno – Prices have eased this week.

Habanero – Prices have eased.

Red Thai – Very limited availability.

Padron – Done for the season.

Herbs

Keep an eye on quality as we are still dealing with very high heat in certain areas. Overall should be ok.

Berries

Straws – Prices are quality are off due to the peak season ending.

Black – Supply is ok for this time of year. Prices are up a little.

Blues – Supply will improve as import market improves. Prices are up a bit.

Ras – Prices are up as supply is tight.

Tomatoes

Slicing/Romas – Severe market! Prices are sky high.

Local Beefsteaks – Great supply on Valdivia product.

Grape & Cherry – Prices are way up.

Sungold – Finished.

Large and Small Heirlooms – Sourcing CA as long as possible.

Local Baby Heirlooms – Great product in stock from Blacksheep Produce.

Teardrop – Prices are up on both colors. Gold are the better buy.

Mushrooms

Morels – Unavailable at the moment.

Gold Chanterelles – Available with decent pricing.

Black Trumpets – Available right now.

Hedgehogs – N/A.

Porcini – Limited but available.

Matsutake – N/A.

White Chanterelles – Available, pre-order.

Lobsters – Finished for the season.

Squash

Local Fall Squash – Season is rolling. In stock now: carnival, kabocha, red kuri, butternut, turban, and delicata.

Honeynut Squash – Finished for the season.

Baby Summer Squash – Conventional and farmers market products are available. Quality is good.

Yellow Squash & Zucchini – Prices and availability have held out even though peak season is over.

Blossoms – Fresh Origins product and field grown (Valdivia) on hand.

Local Summer Squash Mix – Sourcing as long as it's available.