

Good News

- **Crosnes (Chinese Artichokes)** – Available by pre-order only from Weiser Farms. Per/lb, item# 4233.
- **Valdivia Baby Heirloom Tomatoes** – Excellent quality on late season product from Valdivia in Carlsbad. Plenty of cases on hand, item# 23040, 12/1 pint case.
- **Garlic** – CA is recovering with a solid harvest for the first time since 2014. Prices and supply are returning to normal levels.
- **FM Pears** – Warrens from Frog Hollow are outstanding. Asian Mosui, Golden Russet, and Yali also in stock.

Bad News

- **Blue Lake (Green) Beans** – Prices are at extreme levels due to the seasonal transition and strong holiday demand.
- **Round/Slicing Tomatoes** – Hurricanes in FL have devastated much of the East coast crop. We will see a heavy pull on West coast product to help fill their gap. Product may be limited and prices will be up over the coming weeks.
- **Mushrooms** – Like tomatoes, hurricanes back East have hurt their supply so there is a heavy pull from the West to cover. Prices will be up
- **Brussel Sprouts** – Prices are up due to the heavy pull expected by the holidays.

New Seasonal Items

Pineapple Quince

Farmers Market (Frog Hollow) sku# 19644, 10 lb flat

Conventional sku# 2567, 36-42 ct case
sku# 2568, each



Featured Product

IN STOCK NOW!

JUNGLE PULP 

Jungle Pulp brings the taste of juicy fresh fruit to your food creations, *without the work*. It has infinite applications across the food industry for both sweet and savory dishes alike.

Item# 32126 PUREE, MANGO JUNGLE PULP, 12/1 ltr

Item# 32038 PUREE, STRAWBERRY JUNGLE PULP, 12/1 ltr

Item# 32040 PUREE, PASSIONFRUIT JUNGLE PULP, 12/1 ltr



Market Overview

Avocadoes

Prices are still normalizing. Best deal this week is on #2 fruit. Fresh hass avocado chunk available – item# 129, 8/2# case.

Artichokes

Prices are ticking up a bit due to the heavy pull expected with the holidays.

Sunchokes

Supply is good. Great quality and sizing.

Asparagus

Conventional – Price and supply have greatly improved.

Local – Local product is unavailable this week.

White – Product available. Item# 117. Price is very high.

Brussel Sprouts

Prices are up with the heavy demand coming on from the holidays.

Cauliflower, Celery, Broccolini, Romanesco

Caulif/Romanesco – Quality and pricing have improved a bit. Should be better through the month.

Celery – Prices have dropped to very low levels.

Broccolini – Prices are returning to lower levels. Good quality.

Broccoli – Improving this week though crowns will still be tight. Prices are up a bit.

Stone Fruit

Yellow Peaches – Done.

White Peaches – Done.

Donut Peaches – Done for the season.

Nectarines – Done.

Cherries – Done for the season.

Plums/Pluots – September Yummy is all that remains.

Citrus

Lemons – Prices have eased.

Limes – Prices are fair and quality will continue to improve.

Blood Oranges – Conventional product in stock.

Cara Cara Oranges – Unavailable.

Kumquats – Coming available.

Grapefruit – Mostly TX though there is some CA.

Local Oro Blanco – Done for the season.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710, 40# case.

Valencia – Not much right now.

Navels – Prices should be easing as the season improves. Quality is ok but will improve.

Pumelo – Finished!

Tree Ripe Tangerines – Done!

Sumo Tangerines – Done for the season.

Daisy Tangerines – Done for the season.

Clementine/Satsuma/Mandarin – In stock.

Figs

Black Mission and White Sierra/Kadota in stock. Very limited as the peak season had ended.

Leaf Items

Napa Cabbage – Prices have eased. Good supply.

Arugula – Recovery has been slow. Quality is fair but should recover as the weather holds out.

Spinach – Good supply and quality.

Bloomsdale/Savoy – Local stock from County Line has started. Conventional will come available too.

Spring Mix/Mesclun – Most of the supply coming from Salinas. Quality has been ok.

Iceberg – Prices are returning to normal levels. Good quality.

Green/Red Leaf – Quality and supply are good.

Butter – Prices are down but keep an eye on quality.

Romaine/Hearts – Price should be easing over the coming weeks. Quality is improving.

Kale – All baby mixes are back in stock. County Line product on hand, item# 18088.

Peas & Beans

Sugar Snap & Snow – Demand is high and we are seeing good quality on both. Prices are up with the holidays.

Garbanzo Beans – Finished.

English Peas – Conventional product on hand. Pricing is fair.

FM Shelling Beans – Very limited. Cranberry and Purple Runners on hand until we cannot source.

Pea Tendrils – Conventional product available.

Fava Beans – Fresh product on hand. Pricing is at lower levels.

Blue Lake – Prices are up due to the high heat.

Melons

Hon/Cant – Supplies are steady out of the desert.

Heirloom Melons – Done.

Watermelon – Good supply right now.

Yellow Watermelon – Done for the season.

Pineapple – Price and supply are good.

Cucumbers

Standard – Market is steady out of Nogales.

English/Hot House – Supply out of Nogales is decent.

Pickling – Limited on the larger sizes. Mostly fancy available.

Garlic/Shallots

Garlic – *Solid harvest for the first time in years. Prices are returning to normal levels.*

Ginger

Prices and supply have returned to normal levels.

Peppers & Chiles

Bells – Green prices are down. Red/Yellow are very high.

Shishitos – Prices and supply are good.

Red Fresno – Prices have eased this week.

Habanero – Prices have eased.

Red Thai – Very limited availability.

Padron – Done for the season.

Herbs

Keep an eye on quality as we are still dealing with very high heat in certain areas. Overall should be ok.

Berries

Straws – Prices are quality are off due to the peak season ending. Seascape from HB's available by pre-order.

Black – Supply is ok for this time of year.

Blues – Supply will improve as import market improves.

Ras – Prices are up as supply is tight.

Tomatoes

Slicing/Romas – Slicing will be up in the coming weeks due to storms back East. Romas will be a better buy.

Local Beefsteaks – Great supply on Valdivia product.

Grape & Cherry – Prices are way up

Sungold – Finished.

Large and Small Heirlooms – Will stock Valdivia product as it's available and quality is good.

Local Baby Heirlooms – Great product in stock.

Teardrop – Prices are up on both colors.

Mushrooms

Morels – Unavailable at the moment.

Gold Chanterelles – Available with decent pricing.

Black Trumpets – Available right now.

Hedgehogs – N/A.

Porcini – Limited.

Matsutake – N/A.

White Chanterelles – Available, pre-order.

Lobsters – Finished for the season. May be some available through November but it'll be spotty.

Squash

Local Fall Squash – Season is rolling. In stock now: carnival, kabocha, red kuri, butternut, turban, and delicata.

Honeynut Squash – Finished for the season.

Baby Summer Squash – Conventional and farmers market products are available. Quality is good.

Yellow Squash & Zucchini – Prices and availability have held out even though peak season is over.

Blossoms – Fresh Origins product and field grown (Valdivia) on hand.

Local Summer Squash Mix – Sourcing as long as it's available.