

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / NOVEMBER 3, 2017

CUSTOMER SERVICE/ORDER DESK 800.464.8349



**FEATURED ITEM:** PERSIMMON, CHOCOLATE

**FARM:** PENRYN ORCHARDS

**LOCATION:** PLACER COUNTY, CA

**ORDERING SKU:** 5517

*This is a new exciting one for me. Ever heard of a Chocolate Persimmon? They are similar in shape to a Hachiya persimmon with a reddish-orange skin. It is a non-astringent type which means it can be eaten firm or soft. They get their name from the dark color of their flesh. When fully pollinated, the inside is dark and often called "goma" in Japan. It has a sweet flavor with a hint of cocoa.*

**HOT LEAFY/VEGETABLE ITEMS! \*Most Items are Pre-order Mon for Wed Market**

Beans, Christmas Lima (#) SKU 24313 – 2 Peas in a Pod  
Beans, Purple Runners (#) SKU 19006 – 2 Peas in a Pod  
Beets, Red Baby (12BU) SKU 23923 – County Line Harvest  
Carrots, Baby Mixed (12BU) SKU 6038 – Valdivia  
Carrots, Nantes (#) SKU 22448 – Tutti Frutti  
Celery, Baby (BU) SKU 144 – Yasutomi Farms  
Lettuces, Baby Mixed (24CT) SKU 20326 – County Line  
Potatoes, Myrna Fingerlings (10#) SKU 24625 – Weiser  
Squash, Baby Zucchini (#) SKU 6932 – Valdivia Farms  
Squash, Butternut (#) SKU 5478 – Tutti Frutti Farms  
Squash, Delicata (EA) SKU 30918 – Black Sheep Farms  
Squash, Kabocha (#) SKU 5973 – Tutti Frutti Farms  
Squash, Red Kuri (EA) SKU 30982 – Tutti Frutti Farms  
Sunchoke (#) SKU 2830 – Weiser Farms  
Wheat, Farro (5#) SKU 24016 – Roan Mills

**PLEASE NOTE:**

HONEYNUT SQUASH – DONE  
LEMON CUCUMBERS – DONE  
NECTARINES & PEACHES – DONE  
SUNGOLD TOMATOES – DONE

**HOT FRUIT ITEMS! \*Most Items are Pre-order Mon for Wed Market**

Apples, Fuji (10#) SKU 20149 – Fair Hills Farms  
Apples, Granny Smith (10#) SKU 24215 – Fair Hills  
Apples, Pink Lady (10#) SKU 20147 – Fair Hills  
Berry, Blackberry (FLAT) SKU 6674 – Pudwill Farm  
Berry, Blueberry (FLAT) SKU 6673 – Pudwill Farm  
Berry, Raspberry (FLAT) SKU 6676 – Pudwill Farm  
Grapes, Autumn Kings (5#) SKU 31999 – Scott Farms  
Limes, Finger (6oz) SKU 5917 – Cielo Farms  
Oranges, Valencia (40#) SKU 5710 – JJ Lone Daughter  
Peaches, Yellow (10#) SKU 6962 – Tenerelli  
Pear, Golden Russet (10#) SKU 32098 – Penryn Orch.  
Pears, Warren (10#) SKU 6593 – Frog Hollow Farms  
Pears, Yali (10#) SKU 25757 – Jeff Rieger  
Persimmons, Chocolate (10#) SKU 5517 – Penryn  
Persimmons, Cinnamon (10#) SKU 20515 – Penryn  
Persimmons, Fuyu (10#) SKU 5516 – Briar Patch  
Plums, Crimson Glo (10#) SKU 23025 – Murray Farms  
Plums, Sept Yummy (FLAT) SKU 31998 – Scott Farms  
Quince (10#) SKU 19544 – Terry Ranch  
Tangerines, Tree Ripe (10#) SKU 23828 – Regier Farm  
Tomatoes, Beefsteak (10#) SKU 5414 – Black Sheep  
Tomatoes, Cherry Mixed (10#) SKU 23040 – Valdivia

# MORE FOOD FOR THOUGHT



BLACK SHEEP FARMS

BEEFSTEAK TOMATOES



WEISER FARMS

MAGIC MYRNA POTATOES



TERRY RANCH

QUINCE



FINLEY FARMS

RAINBOW CHARD



VALDIVIA FARMS

BREAKFAST RADISHES



FROG HOLLOW FARMS

WARREN PEARS



COUNTY LINE HARVEST

SPIGARELLO



THE GARDEN OF...

FRECKLE LETTUCE



WEISER FARMS

SUNCHOKES