

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / MAY 19, 2017

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: CHERRIES, RED

FARM: MURRAY FAMILY FARMS

LOCATION: BAKERSFIELD, CA

ORDERING SKU: 5744

Probably the best variety of cherries around. Only known as the "GG1" (for the tree location on the nursery they use), these cherries are about the size of a quarter with the perfect balance of sugar to acid. Their color is a deep red almost purple with a crisp snap when eaten. They will only be around for this week for sure and MAYBE next. Do not miss out on these, IN STOCK NOW!

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market

Asparagus, Large (BU) SKU 6085 – Lifes a Choke
Artichokes, Baby (10#) SKU 18082 – Lifes a Choke
Beans, Fava (#) SKU 6304 – Valdivia Farms
Carrots, Baby Mixed (12BU) SKU 6038 – Babe Farms
Cauliflower, White (12EA) SKU 5503 – Lifes a Choke
Celery, Baby (BU) SKU 144 – Yasutomi Farms
Cucumber, Lemon (#) SKU 5429 – Milliken Farms
Lettuce, Baby Mixed (24CT) SKU 20326 – County Line
Lettuce, Celtuce (#) SKU 7227 – Coleman Farms
Nettles, Stinging (BU) SKU 22013 – Windrose Farms
Onion, Red Torpedo (12CT) SKU 5122 – Tutti Frutti Farms
Peas, English (#) SKU 5598 – Valdivia Farms
Peas, Sugar Snap (#) SKU 5570 – Tutti Frutti Farms
Spinach, Bloomsdale (4#) SKU 6679 – Rutiz Farms
Squash, Baby Zucchini (#) SKU 6932 – Valdivia Farms
Squash, Eight Ball (#) SKU 19038 – Coastal Farms
Squash, Summer Mixed (10#) SKU 27543 – JF Organics
Wheat, Farro (5#) SKU 24016 – Roan Mills

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market

Apricots (FLAT) SKU 6945 – Murray Farms
Apriums (FLAT) SKU 6900 – Murray Farms
Avocados, Pinkerton (FLAT) SKU 5588 – JJ Lone Daughter
Berry, Blackberry (FLAT) SKU 6674 – Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 – Pudwill Farm
Berry, Mulberry (FLAT) SKU 5764 – Pudwill Farms
Berry, Raspberry (FLAT) SKU 6676 – Pudwill Farm
Berry, Strawberry Gaviota (FLAT) SKU 22092 – Harry's
Berry, Green Strawberry (FLAT) SKU 20796 – Valdivia
Berry, Strawberry Org. (8x1#) SKU 5743 – Rancho Familia
Cherry, GG1 (Red) (#) SKU 5744 – Murray Farms
Lemons, Pink (#) SKU 22244 – JJ Lone Daughter
Nectarines, White (10#) SKU 6963 – Regier Farms
Nectarines, Yellow (10#) SKU 22651 – Murray
Oranges, Valencia (40#) SKU 5710 – JJ Lone Daughter
Peaches, White (10#) SKU 6961 – Regier Farms
Peaches, Yellow (10#) SKU 6962 – Briar Patch Farms
Rhubarb, Field Grown (10#) SKU 6401 – Trevino

PLEASE NOTE:

MAGIC MYRNA FINGERLINGS – 3 WEEKS OUT
MIXED MELONS – WEISER IS ABOUT 3 WEEKS AWAY
ORO BLANCO GRAPEFRUITS – VERY LIMITED, PRE ORDER ONLY

MORE FOOD FOR THOUGHT



REGIER FARMS

YELLOW NECTARINES



BRIAR PATCH FARMS

YELLOW PEACHES



MILLIKEN FARMS

LEMON CUCUMBERS



TUTTI FRUTTI FARMS

RED TORPEDO ONIONS



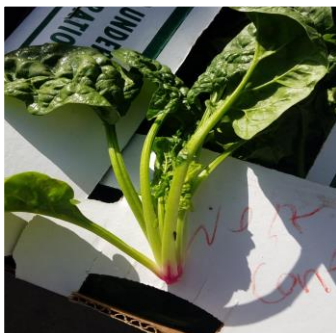
COUNTY LINE HARVEST

BABY MIXED LETTUCE



PUDWILL FARMS

MULBERRIES



RUTIZ FARMS

BLOOMSDALE
SPINACH



HARRYS BERRIES

GAVIOTA STRAWBERRIES



TREVINO FARMS

RHUBARB