

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / MARCH 17, 2017

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: GREEN STRAWBERRIES (UNRIPE)

FARM: VALDIVIA FARMS

LOCATION: CARLSBAD, CA

ORDERING SKU: 20796

In March & April many seasonal restaurants lean towards green/young produce. This time of year you will find young peas, green garlic and spring onions. Green strawberries can now be added to that list. Picked earlier than the mature fruit, these berries are great to pickle for cheese or pickle plates. When pickled, the flavor profile has an acidic/tart flavor with a floral aftertaste. Only around for a limited time. Please note these are pre-order only.

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Asparagus, Large (BU) SKU 6085 - Life's a Choke
Beans, Fava (#) SKU 6304 - Valdivia Farms (Pre order)
Beets, Baby Candy Beets (12CT) SKU 23922 - County Line
Beets, Baby Gold Beets (12CT) SKU 5422 - County Line
Baby Mixed Beets (12CT) SKU 5967 - County Line
Broccoli, Baby Purple (5#) SKU 24242 - Weiser Farms
Carrots, Baby Mixed (12BU) SKU 6038 - Suzie's Farm
Carrots, Baby Nantes (12BU) SKU 21138 - Weiser Farms
Celery, Baby (BU) SKU 144 - Yasutomi Farms
Celery, W/Tops (12CT) SKU 6748 - Tutti Frutti Farms
Garlic, Spring (BU) SKU 5595 - Cabral Farms
Kale, Baby Mixed (4#) SKU 18088 - County Line
Lettuce, Baby Mixed (24CT) SKU 20326 - County Line
Onion, Spring Red Torpedo (12CT) 5122 - Tutti Frutti Farms
Parsnips, Baby (10#) SKU 2017 - Weiser Farms
Peas, English (#) SKU 5598 - Valdivia Farms
Spigarello, Large (12BU) SKU 5408 - County Line
Spinach, Bloomsdale (4#) SKU 6679 - Coke Farms
Squash, Red Kuri (#) SKU 20651 - Tutti Frutti
Sunchokes (#) SKU 2830 - Coke Farms and Weiser Farms
Turnips, Baby Scarlet (12CT) SKU 28109 - JF Organics
Wheat, Farro (10#) SKU 24016 - Roan Mills

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Fuji (10#) SKU 20149 - Fair Hills Farm
Apples, Pink Lady (10#) SKU 20147 - Fair Hills Farm
Berry, Blackberry (FLAT) SKU 6674 - Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 - Pudwill Farm
Berry, Raspberry (FLAT) SKU 6676 - Pudwill Farm
Berry, Strawberry Gaviota (FLAT) SKU 22092 - Harry's
Grapefruit, Oro Blanco (CASE) SKU 6683 - Bernard Ranch
Orange, Blood (10# CASE) SKU 5579 - JJ Lone Daughter
Oranges, Cara Cara (10# CASE) SKU 6021 - JJ Lone Daughter
Oranges, Valencia (40#) SKU 5710 - JJ Lone Daughter
Rhubarb, Field Grown (10#) SKU 6401 - Trevino Farms
Tangerines, Daisy (10#) SKU 1976 - Mud Creek
Tangerines, Tangelos (20#) SKU 5721 - JJ Lone Daughter
Tangerines, Tree Ripened (10#) SKU 23828 - Regier Farms
Tomatoes, Beefsteak LRG (10#) SKU 5414 - Wong & Tamai
Tomatoes, Cherry Mixed (12/1PT) SKU 23040 - Wong
Tomatoes, Cherry Sun Gold (12/1PT) SKU 5139 - Wong

PLEASE NOTE:

APPLES, ARKANSAS BLACK - PRE ORDER
MAGIC MYRNA FINGERLINGS - GAPPING FOR TWO MONTHS
PERSIMMONS - FUYU DONE FOR THE SEASON
RHUBARB, FIELD GROWN - PRE ORDER
SUMO TANGERINES - DONE FOR SEASON

MORE FOOD FOR THOUGHT



JJ LONE DAUGHTER

BLOOD ORANGES



FAIR HILLS FARMS

PINK LADY APPLES



WONG FARMS

BEEFSTEAK TOMATOES



TUTTI FRUTTI FARMS

RED TORPEDO ONIONS



COUNTY LINE HARVEST

BABY MIXED LETTUCE



VALDIVIA FARMS

ENGLISH PEAS



WEISER FARMS

BABY PURPLE
BROCCOLI



COUNTY LINE HARVEST

SPIGARELLO



TREVINO FARMS

RHUBARB