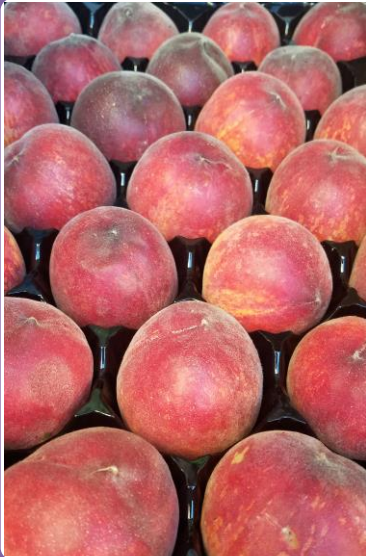


WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JUNE 2, 2017

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: PEACH, YELLOW

FARM: REGIER FARMS

LOCATION: DINUBA, CA

ORDERING SKU: 6962

This week's variety of yellow peach is the Spring Crest. It is an early season yellow-fleshed cling-stone peach. This variety has a great sweet peach flavor with the acid finish. Did you know that a Peach and Nectarine are the same species? Scientist have proven that a peach produces a dominate gene (allele) whereas a nectarine has a recessive one.

HOT LEAFY/VEGETABLE ITEMS! *Most Items are Pre-order Mon for Wed Market

Asparagus, Large (BU) SKU 6085 – Lifes a Choke
Artichokes, Baby (10#) SKU 18082 – Lifes a Choke
Beans, Fava (#) SKU 6304 – Valdivia Farms
Carrots, Baby Mixed (12BU) SKU 6038 – Babe Farms
Carrots, Nantes (10#) SKU 21138 – Tutti Frutti
Cauliflower, White (12EA) SKU 5503 – Lifes a Choke
Celery, Baby (BU) SKU 144 – Yasutomi Farms
Chile, Shishito (#) SKU 7157 – Maggie's Farm
Cucumber, Lemon (#) SKU 5429 – Milliken Farms
Lettuce, Baby Mixed (24CT) SKU 20326 – County Line
Lettuce, Celtuce (#) SKU 7227 – Coleman Farms
Nettles, Stinging (BU) SKU 22013 – Windrose Farms
Onion, Red Torpedo (12CT) SKU 5122 – Tutti Frutti Farms
Peas, Sugar Snap (#) SKU 5570 – Tutti Frutti Farms
Spinach, Bloomsdale (4#) SKU 6679 – Tutti Frutti
Squash, Baby Zucchini (#) SKU 6932 – Valdivia Farms
Squash, Eight Ball (#) SKU 19038 – Coastal Farms
Squash, Summer Mixed (10#) SKU 27543 – Peacock Farms
Wheat, Farro (5#) SKU 24016 – Roan Mills

HOT FRUIT ITEMS! *Most Items are Pre-order Mon for Wed Market

Apricots (FLAT) SKU 6945 – Briar Patch
Apricots, Robada (FLAT) SKU 6900 – Tenerelli Orchard
Berry, Blackberry (FLAT) SKU 6674 – Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 – Pudwill Farm
Berry, Mulberry (FLAT) SKU 5764 – Pudwill Farms
Berry, Raspberry (FLAT) SKU 6676 – Pudwill Farm
Berry, Strawberry Gaviota (FLAT) SKU 22092 – Harry's Berry
Berry, Strawberry Org. (8x1#) SKU 5743 – Rancho Familia
Melons, Mixed Baby (20#) SKU 18954 – County Line
Nectarines, White (10#) SKU 6963 – Regier Farms
Nectarines, Yellow (10#) SKU 22651 – Murray
Oranges, Valencia (40#) SKU 5710 – JJ Lone Daughter
Peaches, White (10#) SKU 6961 – Regier Farms
Peaches, Yellow (10#) SKU 6962 – Briar Patch & Regier
Plums, Flavor Rosa (10#) SKU 27847 – Scott Farms
Plums, Flavor Royal (10#) SKU 23393 – Scott Farms
Tomatoes, Beefsteak (10#) SKU 5414 – Valdivia Farms
Tomatoes, Heirloom (10#) SKU 7162 – Freyr Farms

PLEASE NOTE:

MAGIC MYRNA FINGERLINGS – 3 WEEKS OUT
MIXED MELONS – COUNTY LINE IN STOCK NOW
ORO BLANCO GRAPEFRUITS – VERY LIMITED, PRE ORDER ONLY

MORE FOOD FOR THOUGHT



REGIER FARMS

YELLOW NECTARINES



BRIAR PATCH FARMS

YELLOW PEACHES



MILLIKEN FARMS

LEMON CUCUMBERS



TUTTI FRUTTI FARMS

RED TORPEDO ONIONS



COUNTY LINE HARVEST

BABY MIXED LETTUCE



PUDWILL FARMS

MULBERRIES



SCOTT FARMS

FLAVOR ROSA PLUMS



HARRYS BERRIES

GAVIOTA STRAWBERRIES



TREVINO FARMS

RHUBARB