

Good News

- **Warren Pears** – First of the season are in stock from Frog Hollow. These are very limited this year so get them while they're available. Item# 6593, 10# case.
- **Celery Root** – Domestic product is available at a great price and quality is excellent. Item# 459, cello packed 25#.
- **Red Torpedo Onions** – Back in stock this week from Tutti Frutti but supply is limited. Get them while they're available. Item# 5122, 12 bu case.
- **Local Apples** – Fuji (item# 20149), Gala (item# 20146), and Pink Lady (item# 20147) in stock from See Canyon and Fair Hill Farms.

Bad News

- **Avocadoes** – Demand continues to exceed MX's supply. Current crop needs more tree time to have proper oil content. CA/Peru supplies are very limited. This trend will continue through September. **#2 and pre-processed product at better price points.**
- **Cherries** – Finished for the season!
- **Lemons** – Prices are up as CA fields transition. Heavy rain in MX has slowed harvesting and created a supply gap. Relief in 2-3 weeks.
- **Red Endive** – Market is very limited right now due to poor quality product being harvested. We will do our best to sort for quality. Relief expected in November.

Seasonal Melons Now Available

Item# 1454 Galia (5 ct)

Item# 4223 Galia FM (pre-order, 20 lb)

Item# 1426 Canary (5 ct)

Item# 1476 Santa Claus (5 ct)

Item# 1472 Honeydew Golden

Item# 1466 Honeydew Pink (5 ct)

Item# 6944 Sugar Cube FM (pre-order, 20 lb)

Item# 1441 Casaba (5 ct)

Item# 18954 Melons Mix FM (Pre-order)

Santa Claus Melon



Sugar Cube Melon



Featured Product

Lemoncoco

Item# 27661 SODA, LEMON COCO 12/12 OZ

Now in stock is this premium, non-carbonated beverage combining the natural flavors of lemon and coconut. This is a very popular drink in Italy and is growing in popularity in the states. This is an excellent addition to any bar menu or for customers looking for something new!



Market Overview

Avocadoes

Market is improving on 60/70 count but will stay high on 40/48 count through September.

Artichokes

Supply has improved on baby and globe.

Sunchokes

Supply is currently very steady with product running a little smaller. Weiser product available this week or next.

Asparagus

Conventional – Market has climbed as MX has finished and supply is out of Peru.

Farmers Market – Plenty of Large and Jumbo product on hand from Life is a Choke.

White (Peru) – Product available. Item# 117.

Brussel Sprouts

Fancy and Jumbo are at good levels this week. Good buy right now.

Cauliflower, Celery, Broccoli, Romanesco

Broccoli/Cauliflower – Prices have eased on both.

Celery – Great buy right now. Lots of quality product available and prices are down.

Romanesco/Colored Cauliflower – Good availability with prices are moderate levels.

Stone Fruit

Yellow Peaches – FM and conventional product available.

White Peaches – FM and conventional product available.

Plums – Dapple Jacks available from Murray with excellent sizing and quality. Item# 22675.

Apricot – Finished!

Splash Plums – Finished!

Peacotum – Limited amounts coming in on Wednesday. Great quality.

Citrus

Lemons – Prices are up as CA transitions and MX deals with heavy rainfall. Relief expected in 2-3 weeks.

Limes – Prices have eased up considerably.

Blood Oranges – Late season conventional product still available. Quality is fair but will be falling off.

Cara Cara Oranges – Done for the season.

Kumquats – Finishing up for the season.

Grapefruit – Supply out of CA. Sizing may be off now that TX is done.

Local Oro Blanco – Finished for the season.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710, 40# case.

Navels – Season has started. Quality is good.

Pumelo – Finished for the season.

Tree Ripe Tangerines – Finished for the season.

Clementine/Satsuma/Mandarin – CA season has wrapped. What's available is hit or miss quality.

Figs

CA product is on hand. Black Mission, Brown Turkey, and Tiger Stripe available.

Leaf Items

Napa Cabbage – Prices are down and quality has been good.

Arugula – Product has been on the small side. Prices are down.

Spinach – Prices and supply are good.

Bloomsdale/Savoy – Product on hand with good quality.

Spring Mix/Mesclun – Availability is good with consistent weather.

Iceberg – Prices have eased but are still higher.

Green/Red Leaf – Prices have eased with improving weather. Green leaf is a better buy.

Butter – Prices have eased.

Romaine/Hearts – Hearts are up in price. Whole heads are at a decent level.

Kale – Prices and quality have been good.

Peas & Beans

Sugar Snap & Snow – Demand is high and prices are firm. Quality has been very good.

Garbanzo Beans – On hand in good supply.

English Peas – Prices has climbed a bit as product comes out of a gap. Quality and supply will improve.

Cranberry Beans – Fresh product in stock now from 2 Peas in a Pod.

Pea Tendrils – Conventional product available.

Fava Beans – Fresh product on hand.

Blue Lake – Prices are holding at lower levels and quality is good.

Melons

Hon/Cant – Quality and availability is very good right now. Prices are down.

Heirloom Melons – Munak and Weiser are currently supplying us with heirlooms melons. Pre-order if possible.

Watermelon – Quality is continuing to improve.

Yellow Watermelon – Available and cutting very well.

Pineapple – Product is being harvested earlier due to rainy season in the tropics and may have a greener shell. This is not an indicator of ripeness or quality.

Cucumbers

Standard – Market has improved, prices are down.

English/Hot House – Prices are holding at lower levels.

Pickling – Quality has been off and we are sorting for best size and quality. Supply is very limited.

Garlic/Shallots

Garlic – *Market is holding at high levels as CA has been unable to fully recover. Sourcing Chinese product to help with demand.*

Ginger

Prices and supply have returned to normal levels.

Peppers

Bells – Prices on red are up due to higher temps in growing region. Supply out of CA. **Green/Gold are the best buy.**

Shishitos – Prices have eased. Red available from farmers market, pre-order if possible.

Red Fresno – Prices are down and quality is good.

Habanero – Prices have eased somewhat.

Red Thai – Very limited availability.

Padron – Now available from Suzie's Farm.

Herbs

Cilantro is currently experiencing some quality and supply issues. Prices are up slightly.

Berries

Straws – Prices are at decent levels and quality has been good.

Black – Prices are headed up as the peak season finishes. Demand is still strong.

Blues – Prices are up as domestic supplies finish.

Ras – Prices are up as demand continues to be high with the season wrapping up.

Tomatoes

Slicing/Romas – Prices are up a bit on both.

Local Beefsteaks – Good supply on Valdivia Farms product.

Grape & Cherry – Cherry tomatoes are currently a better option than grape.

Sungold – Sweet local product available from Munak Ranch. Item# 5139, 12/12 oz.

Large and Small Heirlooms – Plenty of local product on hand. Excellent sizing and color. Great buy!

Local Baby Heirlooms – Mark Carpenter product in this week. Item# 4072 FM Cherry Mixed Tomatoes.

Teardrop – Supply is still very short and prices are up.

Mushrooms

Morels – Fresh is N/A.

Gold Chanterelles – Available at a decent price.

Black Trumpets – Unavailable right now.

Hedgehogs – N/A this week.

Porcini – N/A until Oct/Nov.

Matsutake – Currently unavailable.

White Chanterelles – N/A this week. Special order only.

Lobsters – Available for right now though somewhat limited.

Squash

Mixed Summer Squash – New pack size is a 10# mixed case. Excellent quality!

Baby Summer Squash – Supply is decent.

Yellow Squash & Zucchini – Prices are down and supply is good. Great buy right now.

Blossoms – Product on hand with good quality.

Oil Commodity Market Update

Canola – Prices are holding at lower levels right now. Plenty of supply to meet demand.

Palm – Tight supply on the market as there's a push to get more saturated oils to replace hydrogenated.

Soy – Very high production though high heat may slow crop yield. Price is down.