

Good News

- **Local Gala Apples** – Some early availability from See Canyon Farms. Very sweet and crispy. Item# 20146.
- **Weiser Sunchokes** – We are expecting some great sizing and quality on new Weiser crop. Due in by end of this week.
- **Local Shelling Beans** – Stocking Black Mauve (item# 4073), Cranberry (item# 6406), Cannellini (item# 23328), and White Cap (item# 5582) from 2 Peas in a Pod.
- **Grapes** – Murray Farms product on hand with excellent quality. Concord (item# 27702), Green Muscat (item# 25759), Princess (item# 23305). Flame Grapes from Scott Farms, item# 25758.

Bad News

- **Avocados** – 40/48 count will continue to be limited through September. 60/70 are in better supply and holding at lower levels.
- **Peeled Garlic** – CA is very short right now and what's available is poor quality and diminished shelf life. Will fill in with Chinese product as needed.
- **Asparagus** – Price is up as MX has finished and supply is out of Peru.
- **Shiitake Mushrooms** – Very warm weather has hurt CA supply. Currently sourcing import product means sizing may be off and prices will be up.

Seasonal Melons Now Available

Item# 1454 Galia (5 ct)

Item# 4223 Galia FM (pre-order, 20 lb)

Item# 1426 Canary (5 ct)

Item# 1476 Santa Claus (5 ct)

Item# 1472 Honeydew Golden

Item# 1466 Honeydew Pink (5 ct)

Item# 18956 Charentais FM (pre-order, 20 lb)

Item# 1441 Casaba (5 ct)

Item# 18954 Melons Mix FM (Pre-order)

Santa Claus Melon

Charentais Melon



Featured Product

BuzzBar

Vanilla Daze and Bourbon St. Chocolate are now available by the liter!

Vanilla Daze, item# 27171 (2/1 liter case)
Bourbon St. Chocolate, item# 27172 (2/1 liter case)



Market Overview

Avocadoes

Market is improving on 60/70 count but will stay high on 40/48 count through September.

Artichokes

Supply has improved on baby and globe.

Sunchokes

Supply is currently very steady with product running a little smaller. Weiser product available this week or next.

Asparagus

Conventional – Market has climbed as MX has finished and supply is out of Peru.

Farmers Market – Plenty of Large and Jumbo product on hand from Life is a Choke.

White (Peru) – Product available. Item# 117.

Brussel Sprouts

Fancy and Jumbo are at good levels this week. Good buy right now.

Cauliflower, Celery, Brocolini, Romanesco

Broccoli/Cauliflower – Prices have eased on both.

Celery – Great buy right now. Lots of quality product available and prices are down.

Romanesco/Colored Cauliflower – Good availability with prices are moderate levels.

Stone Fruit

Yellow Peaches – FM and conventional product available.

White Peaches – FM and conventional product available.

Plums – Dapple Jacks available from Murray with excellent sizing and quality. Item# 22675.

Apricot – Finished!

Splash Plums – Finished!

Peacotum – Limited amounts coming in on Wednesday. Great quality.

Citrus

Lemons – Prices have eased to more normal levels.

Limes – Prices have eased up considerably.

Blood Oranges – Late season conventional product still available. Quality is fair but will be falling off.

Cara Cara Oranges – Done for the season.

Kumquats – Finishing up for the season.

Grapefruit – Supply out of CA. Sizing may be off now that TX is done.

Local Oro Blanco – Finished for the season.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710, 40# case.

Navels – Texas product on hand.

Pumelo – Conventional product on hand.

Tree Ripe Tangerines – Finished for the season.

Clementine/Satsuma/Mandarin – CA season has wrapped. What's available is hit or miss quality.

Figs

CA product is on hand. Black Mission and Brown Turkey available.

Leaf Items *Keep an eye on quality as recent high heat can cause quality and shelf life issues.*

Napa Cabbage – Prices are down and quality has been good.

Arugula – Product has been on the small side. Prices are down.

Spinach – Prices and supply are good.

Bloomsdale/Savoy – Product on hand with good quality.

Spring Mix/Mesclun – Availability is good with consistent weather.

Iceberg – Prices have eased but are still higher.

Green/Red Leaf – Prices have eased with improving weather. Green leaf is a better buy.

Butter – Price is up with outer leaves showing damage. Living Lettuce may be a better option.

Romaine/Hearts – Hearts are up in price. Whole heads are at a decent level.

Kale – Prices and quality have been good.

Peas & Beans

Sugar Snap & Snow – Demand is high and prices are firm. Quality has been very good.

Garbanzo Beans – On hand in good supply.

English Peas – Supply is good and prices are at reasonable levels.

Cranberry Beans – Fresh product in stock now from 2 Peas in a Pod.

Pea Tendrils – Conventional product available.

Fava Beans – Local and conventional product available. Quality is good.

Blue Lake – Prices are holding at lower levels and quality is good.

Melons

Hon/Cant – Quality and availability is very good right now. Prices are down.

Heirloom Melons – Munak and Weiser are currently supplying us with heirloom melons. Pre-order if possible.

Watermelon – Quality is continuing to improve.

Yellow Watermelon – Available and cutting very well.

Pineapple – Product is being harvested earlier due to rainy season in the tropics and may have a greener shell. This is not an indicator of ripeness or quality.

Cucumbers

Standard – Market has improved, prices are down.

English/Hot House – Prices are holding at lower levels.

Pickling – Quality has been off and we are sorting for best size and quality. Supply is very limited.

Garlic/Shallots

Garlic – *Market is holding at high levels as CA has been unable to fully recover. Sourcing Chinese product to help with demand.*

Shallots – Gapping for summer, prices are up a little. Will improve as temps cool.

Ginger

Prices and supply have returned to normal levels.

Peppers

Bells – High temps have caused a spike in prices; especially on yellow and orange. **Green/Red are the best buy.**

Shishitos – Prices are very firm this week as fields transition for the summer.

Red Fresno – Prices are up with crop loss from the high heat.

Habanero – Prices have eased somewhat.

Red Thai – Very limited availability.

Padron – Now available from Suzie's Farm.

Herbs

Prices and supply are good across the board and the market should be good through spring and into summer.

Berries

Straws – Quality has been good but the high heat may cause some issues. Harries Berries has been limited.

Black – Steady supply, prices are holding at moderate levels.

Blues – Prices are down and supply is good.

Ras – Prices have eased and supply is steady. Pudwill Farms product available.

Tomatoes

Slicing/Romas – Romas have eased, prices are down. Slicing tomatoes are up slightly.

Local Beefsteaks – Good supply on Valdivia Farms product.

Grape & Cherry – Prices continue to ease. Quality has been good.

Sungold – Sweet local product available from Munak Ranch. Item# 5139, 12/12 oz.

Large and Small Heirlooms – Plenty of local product on hand. Excellent sizing and color. Great buy!

Local Baby Heirlooms – Mark Carpenter product in this week. Item# 4072 FM Cherry Mixed Tomatoes.

Teardrop – Supply is still very short and prices are up.

Mushrooms

Morels – Fresh product available at a good price while supply lasts.

Gold Chanterelles – Very limited right now.

Black Trumpets – Unavailable right now.

Hedgehogs – N/A this week.

Porcini – Fresh product available. Item# 1627.

Matsutake – Currently unavailable.

White Chanterelles – N/A this week. Special order only.

Lobsters – N/A at this time.

Squash

Mixed Summer Squash – New pack size is a 10# mixed case. Excellent quality!

Baby Summer Squash – Supply is decent.

Yellow Squash & Zucchini – Prices are down and supply is good. Great buy right now.

Blossoms – Product on hand with good quality.

Oil Commodity Market Update

Canola – Prices are holding at lower levels right now. Plenty of supply to meet demand.

Palm – Tight supply on the market as there's a push to get more saturated oils to replace hydrogenated.

Soy – Very high production though high heat may slow crop yield. Price is down.