

Good News

- **Mara de Bois Strawberries** – Pudwill Farms has some very nice product available this week. Item# 334, 12/6 oz. Pre-order only.
- **Harry's Berries** – Gaviota's are in stock and excellent quality. Item# 22092.
- **Chilean Pomegranates** – Product in house with good quality. Item# 2394 and 2395 (each).
- **Local Asparagus** – Large/Jumbo on hand with excellent quality. Product is tender and not fibrous. Item# 6872 (Jumbo) and Item# 6085 (Large), sold per/bunch.
- **Melons** – Hon/Cant/Water are all improving in quality. Cantaloupe brixing in the 13s.

Bad News

- **Garlic** – The market is extremely poor right now with Chinese product practically N/A due to import issues and CA is done harvesting until June. Prices will hold through April and May.
- **County Line Gapping Items** – Rucola Arugula and Baby Rainbow Carrots are gapping right now. Relief expected in about 2 weeks.
- **Carrots** – Poor supply due to heavy rainfall in CA growing regions. Sizing may be off on jumbo and babies. Relief expected mid-April.
- **Brussel Sprouts** – Smaller sizes are scarce and prices are up due to high heat in MX. *FM product on hand with smaller sizing, item# 20269, 10 lb case.*

Amenity List

Item# 23885 Satsuma Tangerines (Stem & Leaf)
5755 Tangerines, Pixie
 Item# 2846 Clementine Tangerines
Item# 23828 Tree Ripe Tangerines (Farmers Market)
 Item# 1874 Blood Oranges
Item# 5240 Cara Cara Oranges
 Item# 6620 Green Dragon Apples (125 ct)
Item# 19 Baby Gala Apples
 Item# 42 Apples Lady
Item# 3284 Baby Granny Smith Apples
 Item# 26561 Sunset Apples (Farmers Market)
Item# 4403 Baby Honeycrisp Apples
 Item# 305 Cape Gooseberries (Limited)
Item# 1247 Baby Kiwi
 Item# 3468 Baby Pineapples South African
Item# 6376 Dragon Fruit (Pitihaya)

Featured Product

Valdivia Fava Beans

We will have great availability from now until mid-Summer. Product on hand now.

Item# 6304 BEANS, *FM FAVA (per/lb)



Market Overview

Avocadoes

Prices and quality are holding at decent levels on MX and CA fruit. No #2's.

Artichokes

Supply is steady and prices have dropped to decent levels.

Sunchokes

Supply is currently very steady.

Asparagus

Conventional – Market has eased and supply is steady on Medium, Large, and Jumbo. Ex-Large is limited.

White (Peru) – Product available. Item# 117.

Brussel Sprouts

Very warm weather in MX has hindered availability of Fancy/Smaller sizes. Prices are up a bit and everything is larger. FM product available by the 10# case and is smaller; item# 20269.

Cauliflower, Celery, Broccolini, Romanesco

Broccoli/Cauliflower – Look for quality issues with some product due to the rain. Overall market is good though and prices are reasonable.

Celery – Supply has improved and prices are coming off.

Romanesco/Colored Cauliflower – Prices are up slightly and quality may be off due to recent rains.

Citrus

Lemons – Prices have eased to more normal levels.

Limes – Current market is good but price increases are coming as summer gets closer.

Blood Oranges – CA product available, excellent quality!

Cara Cara Oranges – CA product available, excellent quality!

Kumquats – Product on hand. Color is light and flavor is fair.

Grapefruit – CA Ruby Red product is now being shipped. Color may be lighter but quality is good.

Local Oro Blanco – Conventional and Farmers Market product available from Bernard Ranch and Polito.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710, 40# case.

Navels – Texas product on hand.

Pumelo – Conventional product on hand.

Tree Ripe Tangerines – Rieger Farms product on hand. Easy to peel and very tangy/sweet. Item# 23828.

Satsuma & Clementine – CA product on hand.

Leaf Items

Napa Cabbage – Prices are down and quality has been good.

Arugula – Product has been on the small side. Prices are down.

Spinach – Supply and quality are holding at good levels. Prices are reasonable.

Bloomsdale/Savoy – Product on hand with good quality.

Spring Mix/Mesclun – Availability is good with consistent weather.

Iceberg – Prices are way down right now.

Green/Red Leaf – Prices have eased on both. Great buys right now.

Butter – Prices have eased and quality has been decent.

Romaine/Hearts – Whole romaine is very low right now. Hearts are slightly higher but reasonable.

Kale – Prices and quality have been good.

Figs

CA season is expected to begin around early June. What is available out of MX right now is expensive and not the greatest quality.

Peas & Beans

Sugar Snap & Snow – Demand is high and prices are firm. Quality has been very good.

Garbanzo Beans – Currently unavailable.

English Peas – Limited for this week; quality has been off.

Cranberry Beans – Fresh product is currently N/A.

Pea Tendrils – Conventional product available.

Fava Beans – Currently N/A.

Blue Lake – Prices are holding at lower levels and quality is good.

Melons

Hon/Cant – Quality and availability is very good right now. Cantaloupes are bringing higher.

Heirloom Melons – Galia still available. Canary are done.

Watermelon – Quality is continuing to improve.

Yellow Watermelon – Done for the season.

Pineapple – Supply is still on the slower side though quality has been good on Dole label.

Cucumbers

Standard – Market has improved, prices are down.

English/Hot House – Prices are holding at lower levels.

Pickling – Larger sizes have been limited. Quality is good though.

Garlic

Extreme market right now! Prices are going to hold at higher levels until June when CA begins harvesting again.

Ginger

Prices and supply have returned to normal levels.

Peppers

Bells – Red is slightly higher than green. Yellow are the highest. Green are a better option for the time being.

Red Fresno – Supply is steady but the market has firmed. Prices are up.

Habanero – Prices have eased somewhat.

Red Thai – Product available this week.

Padron – Currently N/A.

Tomatoes

Slicing/Romas – Romas have eased. Larger rounds are a better buy than the smaller 6x6's.

Local Beefsteaks – Product is currently very spotty with the recent weather. Wong Farms/Valdivia product are still a couple of weeks out.

Grape & Cherry – Prices continue to ease. Quality has been good.

Large and Small Heirlooms – Quality continuing to improve. Prices are up a bit.

Local Baby Heirlooms – Great deal right now on item# 4072 FM Cherry Mixed Tomatoes.

Teardrop – Supply is still very short and prices are up.

Herbs

Prices and supply are good across the board and the market should be good through spring and into summer.

Mushrooms

Gold Chanterelles – Very limited to N/A.

Black Trumpets – Unavailable right now.

Hedgehogs – Available out of Oregon this week. Best option for specialty. Item# 1615.

Porcini – Currently unavailable.

Matsutake – Currently unavailable.

White Chanterelles – N/A this week. Special order only.

Lobsters – N/A at this time. Item# 1618.

Berries

Straws – Lingering quality issues from the recent rains though prices are still good. Relief through April as berry season gets underway.

Black – Hail in MX growing regions has hurt supply. Relief expected in about 2 weeks.

Blues – Imports are drying up and CA will get into full swing beginning of April.

Ras – Supply will improve as CA gets underway in April.

Squash

Delicata Squash – Done for the season.

Red Kuri – Done for the season.

Carnival Squash – Very good supply right now! FM item# 26203, per/lb.

Baby Summer Squash – Product is very limited. What's available is only fair quality.

Yellow Squash & Zucchini – Prices are up slightly with supply being limited/poor quality with recent rain. Zucchini is fairing slightly better right now.

Acorn, Butternut, Spaghetti – Season is winding down on CA.

Blossoms – Coming into prime season. Very steady supply though the rain may have set some growers back. Valdivia Farms is supplying most of our product.