

Good News

- **Local Apples** – Product on hand from Murray and Fair Hills. Arkansas Black, Braeburn, Fuji, Granny Smith, and Pink Lady are all cutting very well.
- **Local Fresh Olives** – Flora Bella Farms product available by the pound. Item# 20415.
- **Red Kuri Squash** – Tutti Frutti Farms product on hand. Very sweet flesh with a “chestnut” flavor. Item# 20651.
- **Brussel Sprouts** – Life’s a Choke product on hand by the 10 lb case. Sizing is running on the smaller side. Item# 20269 by the 10 lb case.

Bad News

- **Strawberries** – CA is very limited and what’s available is poor quality with a limited shelf life. MX is starting this week which should help, but prices will be up.
- **Melons** – Limited supply as CA wraps up and AZ/MX supply begins. Sugar content is low. We recommend the **Summer (green) & Sugar Kiss (orange) melons as a substitute.**
- **Figs** – Season is wrapping up on all varieties. Less availability by next week. Brown Turkey have been cutting the sweetest.
- **Red Endive** – Supply is very limited and prices are at extreme levels. Selling by full case only.

Frog Hollow Farms

Organic Warren Pears Item# 6593, 10#

We are stocking this signature pear in good supply from Frog Hollow. It has a great origin story: discovered by Thomas Oscar Warren growing naturally outside a post office in Hattiesburg, MS. Once known as the Post Office pear, it’s taken on its founder name is a favorite of chefs. Being difficult to grow, it never caught on commercially. It has a classic European texture, very soft and juicy with a silky sweetness that avoids the typical grittiness found in most pears. Warrens are harvested in late August.



Featured Product



Percentages currently in stock

- 62% Dark Peru, 5.5 lb, item# 24639
- 56% Dark Ecuador, 40 lb, item# 24640
- 38% Milk Pure, 5.5 lb, item# 24641
- 40% Milk Caramelized, 5.5 lb, item# 24642
- 71% Dark Blend, 40 lb, item# 24643
- 58% Dark Blend, 5.5 lb, item# 24644
- 33% Milk Blend, 40 lb, item# 24645
- Cacao Powder 100%, 5.5 lb, item# 24646
- White Chocolate, 31%, item# 24671

Market Overview

Avocadoes

Still seeing some fruit cutting black due to poor oil content. #2 fruit is limited to N/A. **Great deal on Item# 134, 40 ct.**

Artichokes

Prices and supply are improving with the cooler weather. Baby are recovering as well.

Sunchokes

Supply is currently very steady. We have been able to keep inventory through the Weiser gap.

Asparagus

Conventional – Prices are firm due to limited supply out of Peru. Larger sizes are harder to come by.
White (Peru) – Product available. Item# 117.

Brussel Sprouts

Supply is very steady. Quality and price are both excellent.

Broccoli, Cauliflower, & Celery

Fallout from the heat and rain will continue. We are seeing some relief on prices but the market is still tight; keep an eye on prices and quality through October.

Leaf Items

Napa Cabbage – Very poor yields this week and quality issues across the board.
Arugula – Some yellowing due to high heat. Overall quality is good and will continue to improve as it cools.
Spinach – Supply is in extreme conditions due to heat. Overall good quality with thicker stems here and there.
Bloomsdale/Savoy – Supply has improved.
Spring Mix/Mesclun – Supply and quality improving as temperatures have cooled.
Iceberg – Prices have firmed as fields transition from Salinas to Huron. Quality is better.
Green/Red Leaf – Supply is good and prices are at lower levels.
Butter – Supply and quality are very good.
Romaine/Hearts – Heads are running smaller and supply is light. Will improve with cooler temps.
Kale – Supply is improving with cooler temperatures.

Peas & Beans

Sugar Snap & Snow – Prices are holding at higher levels.
Garbanzo Beans – Fresh product is on hand.
English Peas – Whole product is still gapping. Shelled product is available at a premium, item# 7603.
Cranberry Beans – Fresh product is currently N/A.
Pea Tendrils – Conventional product available.
Fava Beans – Currently N/A.
Blue Lake – Prices are holding at lower levels and quality is good.

Melons

Hon/Cant – CA wrapping up; MX/AZ starting soon. Sugar content is lower this time of year.
Heirloom Melons – Plenty of Sugar/Summer Kiss on hand. Recommend as a sub for Cant/Honey.
Watermelon – Prices are holding at lower levels and quality has been good.
Yellow Watermelon – Done for the season.
Local Mix Melons – Finished for the season.

Cucumbers

Standard – Quality is good and prices are holding at lower levels.

English/Hot House – Prices are holding at lower levels.

Garlic

Chinese product is being held up. Prices will be up across the board as CA tries to fill in the gaps.

Ginger

Prices and supply have returned to normal levels.

Peppers

Bells – Red are high w/sizing and quality issues; Green are a better option for the time being.

Red Fresno – Prices have eased way off. Very good supply.

Red Thai – A few pounds on hand this week.

Padron – Some Finley Farm product available by the pound, item# 5442.

Tomatoes

Slicing/Romas – Prices are firmer on Slicing as several growers are reporting viruses. Romas are lower.

Local Beefsteaks – Available from Valdivia. Large and Small sizes available.

Grape & Cherry – Cherry tomatoes are up in price. **Grape tomatoes are a better buy this week.**

Local Cherry Heirloom – Valdivia has very nice product available. Item# 23040.

Heirlooms – MX is done, CA supply is limited due to heat. Valdivia has had some very nice product available.

Teardrop – Supply is still very short and prices are up.

Mushrooms

Blue Chanterelles – N/A this week. Item# 6199 (pre-order).

White Chanterelles – N/A this week. Special order only.

Gold Chanterelles – Supply has improved and prices are at lower levels.

Porcini – Few pounds available this week. Item# 1627.

Lobsters – N/A at this time. Item# 1618.

Matsutake - #1s available but limited, item# 1619.

Cauliflower – N/A this week. Item# 7147.

Citrus

Lemons – Prices have eased to more normal levels.

Limes – Prices are back to normal levels.

Blood Oranges – Moro variety available and on hand.

Kumquats – Done until new winter crop is available.

Grapefruit – CA Ruby Red product is now being shipped. Color may be lighter but quality is good.

Local Oro Blanco – Currently N/A; gapping.

Local Valencia's – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710 is a great buy right now and will be for the next couple of months.

Navels – Texas product on hand.

Pumelo – Currently unavailable.

Satsuma & Clementine – CA product on hand.

Berries

Straws – Major quality issues; subbing for best quality. Prices are at higher levels.

Black – Demand is exceeding supply on all CA growing regions.

Blues – Prices are at extreme levels. Offshore and Domestic supply is very limited.

Ras – Heat will continue to hurt CA production. Prices are way up.

Squash

Delicata Squash – Tutti Frutti Farms product on hand; excellent quality. Item# 23072, per/lb.

Local Baby Summer – Valdivia product on hand looks very nice.

Yellow Squash & Zucchini – CA and Baja supply is tight right now.

Acorn, Butternut, Spaghetti – Good supply on CA product.

Blossoms – Product available; quality is good.

Romanesco

Product available and quality is good.

Herbs

Prices have eased considerably, though still high, on chervil, tarragon, lemon thyme, chives. Will continue to ease as weather cools.

