

### Good News

- **Fall Squash** – Suzie’s Farms has fall squash coming available this week: Red Kuri (20651), Hubbard (7244), and Delicata (23702).
- **Bloomsdale** – Product is back in better supply.
- **Local Apples** – Great availability on local product from the Farmers Market.
- **Butter Lettuce** – Great buy right now with iceberg being at extreme levels.
- **Tommy Atkins Mangos** – Cutting very well right now on 7, 8, and 9 count. Supply out of Brazil.

### Bad News

- **Iceberg Lettuce** – Prices are at extreme levels. Relief expected mid to late October.
- **Heirloom Tomatoes** – Season is winding down; larger sizes are very tough to come by. Heat is causing fruit to split on the vine.
- **Pineapples** – Heavy storms in all major growing regions has hurt supply. Relief by early Nov.
- **Berries** – Extreme heat has softened the fruit and hurt overall quality and shelf life. Improvement expected with cooler temps.
- **Sunchokes** – Currently gapping for 4 weeks. Some product may come available early.

### Fall Amenity List

- 20149 APPLES, FM FUJI\*
- 20146 APPLES, FM GALA\*
- 5864 APPLES, FM GREEN BABY\*
- 24215 APPLES, FM GRN SMITH\*
- 19644 QUINCE FM\*
- 5948 PEANUTS, FM\*
- 5516\*/2295 PERSIMMONS, FUYU
- 5576 POMEGRANATES, FM\*
- 5710 ORANGES, FM VALENCIA



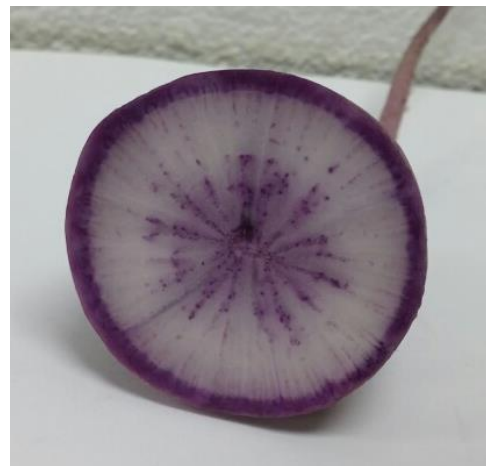
\*Denotes Pre-order. Order by Tuesday at Noon for Wednesday pick up.\*

### Featured Product

#### Purple Plum Radishes

Weiser Family Farms  
Item# 22895, 10 lb case

1 ½” globes with a sweet, crisp, white flesh that doesn’t get too soft/spongy. Great for pickling!



## Market Overview

### Avocadoes

Prices on 60 ct continue to be high as smaller fruit is hard to find. **Item# 135 HASS 48 CT is the best buy this week.**

### Artichokes

Prices are higher on 18 ct. Quality is decent all around and prices will be continue to ease. Baby supply is good.

### Sunchokes

Gapping for 4 weeks from Weiser and elsewhere. Some product may be available but quality will be suspect.

### Asparagus

**Conventional** – Prices are firm due to limited supply out of Peru. Western growers expected to catch up by next week and prices will ease.

**White (Peru)** – Product available. Item# 117.

### Brussel Sprouts

Supply is very steady. Quality and price are both excellent.

### Stone Fruit

**Apricots** – Fresh domestic product has finished.

**FM Nectarines** – White are done for the season and Yellow are winding down; probably the last week.

**FM Peaches** – Yellow are finished! White are winding down but we are bringing in this week.

**Cherries** – Fresh product is unavailable. Many frozen and shelf stable options available.

**Plums** – FM product is very limited and winding down. Will continue to stock as quality allows.

### Iceberg, Broccoli, Cauliflower, & Celery

*Fallout from the heat and rain will continue. Relief expected end of September with cooler night temps.*

### Leaf Items

**Napa Cabbage** – Very poor yields this week and quality issues across the board.

**Arugula** – Some yellowing due to high heat. Overall quality is good and will continue to improve as it cools.

**Spinach** – Supply is in extreme conditions due to heat. Overall good quality with thicker stems here and there.

**Bloomsdale** – Product available once again.

**Spring Mix/Mesclun** – Supply issues due to heat. We will continue to sub for best product available.

**Iceberg** – Major quality issues due to heat. Expecting extremely high prices for the next 2-3 weeks.

**Green/Red Leaf** – Supplies are light but what's available has been good quality.

**Butter** – Supply and quality are very good.

**Romaine/Hearts** – Heads are running smaller and supply is light. Will improve with cooler temps.

**Kale** – Supplies are tight with the heat and much higher demand.

### Peas & Beans

**Sugar Snap & Snow** – Seasonal gap; some product is available but product is spotty. Relief in 2 weeks.

**Garbanzo Beans** – Seasonal gap; should be back in about 2-3 weeks.

**English Peas** – Seasonal gap for another week or so. Shelled products is available at a premium, item# 7603.

**Cranberry Beans** – Product on hand.

**Pea Tendrils** – McGrath has finished for the summer. Conventional product available.

**Fava Beans** – Conventional product is available.

**Blue Lake** – Extreme shortage due to heat. Relief in mid-September when Baja and Central CA begin.

## Melons

**Hon/Cant** – Desert is finishing up and supply is moving north. Larger fruit is limited; best buys on smaller fruit.

**Heirloom Melons** – Plenty of Sugar/Summer Kiss on hand.

**Watermelon** – Prices are holding at lower levels and quality has been good..

**Yellow Watermelon** – Product available by the each, item# 1492.

**Weiser Mix Melons** – Melons are being harvested this week and tested for readiness. May be available this week. We will be stocking under FM code, item# 18954, 20 lb case.

## Cucumbers

**Standard** – Quality is good and prices are holding at lower levels.

**English/Hot House** – Prices are holding at lower levels.

## Garlic

*Chinese product is being held up. Prices will be up across the board as CA tries to fill in the gaps.*

## Ginger

*Chinese product is being held up. Subbing HI/Brazilian Ginger to fill in but prices will be up.*

## Peppers

**Bells** – Prices on Red and Green are high. Cooler temps will help production in the coming weeks.

**Red Fresno** – Prices have eased way off. Very good supply.

**Red Thai** – Limited product available.

**Padron** – Very plentiful. Weiser Farm product on hand by the pound, item# 5442.

**Calabrian** – Special product available from Weiser for a couple of weeks. Item# 25755.

**Sweet Pepper Mix** – Available from Suzie's Farm. Item# 6969, 10 lb case.

## Tomatoes

**Slicing/Romas** – Prices are up slightly with rain in South Baja and CA behind. Larger sizes are limited.

**Local Beefsteaks** – Available from Valdivia. Large and Small sizes available.

**Grape & Cherry** – Both are firm on price right now due to limited production. Grape are a better buy.

**Local Cherry Heirloom** – Very limited due to quality issues.

**Heirlooms** – Quality has dipped as the heat is causing fruit to split. Larger sizes are very limited to N/A.

**Teardrop** – Supply is short on yellow and red for the next 2 weeks.

## Mushrooms

**Blue Chanterelles** – Supply out of Oregon by the lb. Item# 6199 (pre-order).

**White Chanterelles** – Supply out of Oregon by the lb. Special order only.

**Gold Chanterelles** – Plenty on hand and prices have eased, good quality. Supply out of EU. Item# 1604 by the lb.

**Porcini** – Supply out of Oregon by the lb but limited. Item# 1627 (pre-order).

**Lobsters** – Product on hand but supply is limited, item# 1618.

**Matsutake** - #1s available but limited, item# 1619.

**Cauliflower** – Product on hand, item# 7147.

## Citrus

**Lemons** – *Prices are way up, especially on larger sizes. Avoid Sunkist label if possible. Best deals are 165 & 200ct.*

**Limes** – Prices are back to normal levels.

**Blood Oranges** – Import product on hand.

**Kumquats** – Some local product has come available. We have a limited supply on hand.

**Grapefruit** – CA Ruby Red product is now being shipped. Color may be lighter but quality is good.

**Local Oro Blanco** – Gapping for 4 weeks.

**Local Valencia's** – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710 is a great buy right now and will be for the next couple of months.

**Navels** – Season is finished and we have switched over to Valencias.

## **Berries**

**Straws** – Major quality issues; subbing for best quality. Relief expected by the end of September.

**Black** – Labor strike in MX are hurting supply. Quality is ok.

**Blues** – Prices are firming up and supply is tight out of OR and CA.

**Ras** – Heat will continue to hurt CA production. Prices are way up.

## **Squash**

**Local Baby Summer** – A few mixed cases of organic medium size on hand from Suzie's, item# 24698.

**Yellow Squash & Zucchini** – CA and Baja supply is tight right now.

**Acorn, Butternut, Spaghetti** – Good supply on CA product.

**Blossoms** – Product available; quality is good.

## **Romanesco**

Product available and quality is good.

## **Herbs**

High heat has taken its toll on local fields for chervil, tarragon, marjoram, lemon thyme, chives, and dill. Major improvement expected with cooler temps.