

### July 4<sup>th</sup> Weekend

We will be closed on Monday July 6<sup>th</sup> for the union holiday as the markets, ports, and most vendors will be closed.

We will be open through the weekend and shipping on Saturday July 4<sup>th</sup>. Please make arrangements with your rep if you would like to receive a delivery on Sunday July 5<sup>th</sup>.

### Good News

- **Local Cherry Tomatoes** – In stock from Thao Farms with excellent quality. Item# 4072, 12/6 oz.
- **Local White Corn** – In stock from Tamai. Very sweet! Item# 7394, 48 ct.

### Bad News

- **Pineapple/Bananas** – Dole is reporting severe weather damage to some of Costa Rica's main expressways. This affects their exporting of bananas and pineapples to our ports and we may see supply tighten and prices firm in the coming weeks.
- **Red Fresno Chile** – Very short this week and price is way up.
- **Lemons** – Prices are still high especially on 165 ct and larger sizes. Relief is now expected by the second week in July once the current storage fruit has ripened.

### Amenity List

- 1248 Kiwi, Golden Large
- 931 Figs, Brown Turkey
- 6962 Peaches, \*FM Yellow
- 22651 Nectarines, \*FM Yellow
- 5754 & 24495 Tangerines, Pixie
- 1258 & 1259 Kumquats
- 1926 Apples, Fuji Organic
- 3283 Apples, Fuji Baby
- 2362 Dragonfruit
- 3468 Pineapples, So. African Baby
- 1379 Longan
- 3374 & 3375 Watermelon, Sugar Baby
- 1986 & 1987 Passionfruit
- 2196 & 2197 Pears, Asian Small
- 305 & 306 Cape Gooseberries
- 4702 Pears, Asian Fragrant
- 2220 & 2219 Pears, Forelle
- 6665 Rambutan Vietnamese

### Featured Product

#### "Kiss" Melons

*Item# 6312 Sugar Kiss® Melons (25 lb)* Round cantaloupe-like shape and pale light netting on the rind. The inner flesh is a light golden-orange with a sweet, soft texture that's similar to a Crenshaw melon.



*Item# 4285 Summer Kiss Melon (11) ct* Mellow and creamy with light green flesh. Very sweet and juicy and great to add color to any melon bowl.



## Market Overview

### Avocadoes

Market is up slightly with the upcoming July 4<sup>th</sup> weekend but the best buys and quality are still on product out of MX. **60 ct and #2 fruit is around \$5 less per case.**

### Artichokes

Consistent sizing, especially on smaller/baby, is still very sporadic. Price is firm but quality has held out.

### Asparagus

**Conventional** – Prices will hold until mid-July with Jumbo being the highest. Quality on all sizes is good.

**White (Peru)** – Product available. Item# 117.

### Brussel Sprouts

Supply is very steady. Quality and price are both excellent.

### Stone Fruit

*\*Peaches are now freestone varieties\**

**Mango Nectarines** – 1 layer case available, item# 4090. Short season

**Splash Plums** – Finished for the season!

**Apricots** – CA product is finished! Supply has moved to WA.

**Yellow Peaches/Nectarines** – Plenty of local product on hand from Fitzgerald & Tenerelli.

**White Peaches/Nectarines** – Fitzgerald Farms and Tenerelli product in for this week. Larger sizing.

**Cherries** – CA is finished. Supply is now out of the Northwest.

**Plums** – Green, Black, Red, and Dinosaur are available.

### Romaine/Hearts & Iceberg

Prices continue to ease this week but we're still slightly higher than the normal.

### Green/Red Leaf, Celery, Cabbage, Spinach & Broccoli/Cauliflower

Prices have eased and quality is great.

### Peas & Beans

**Sugar Snap & Snow** – Supply is good out of Peru, MX, and CA.

**English Peas** – Product has finished up. What's available is poor quality.

**Pea Tendrils** – McGrath has finished for the summer.

**Fava Beans** – Finished for the season.

**Blue Lake** – Prices have eased considerably and will remain steady through June.

### Melons

**Hon/Cant** – Desert is finishing up and supply is moving north. Larger fruit is limited; best buys on smaller fruit.

**Heirloom Melons** – Plenty of Sugar/Summer Kiss on hand.

**Watermelon** – Prices will be firm as we come into the 4<sup>th</sup> of July holiday. Quality is good.

**Yellow Watermelon** – Product available by the each, item# 1492.

**Weiser Mix Melons** – Melons are being harvested this week and tested for readiness. May be available this week. We will be stocking under FM code, item# 18954, 20 lb case.

### Garlic

Domestic supply remains very tight which is increasing demand on imports. Quality issues and fluctuating prices will continue.

## Peppers

**Bells** – Green is the best deal right now but gold and red are all at good levels. Supply out of Bakersfield.

**Red Fresno** – Supply has become much tighter and prices are way up.

**Red Thai** – Very limited right now as product has not had time to redden on the vines.

**Padron** – Very plentiful. Suzie's Farm product on hand by the pound, item# 5442.

**Sweet Pepper Mix** – Available by pre-order from Suzie's Farm. Item# 6969, 10 lb case.

## Tomatoes

**Slicing/Romas** – Heavy rains in MX may mean prices will climb next week.

**Local Beefsteaks** – Valdivia Farms product is in right now. 10# case, item# 5414.

**Grape & Cherry** – Cherry tomatoes are down but **grapes are still a better buy**. Quality is good.

**Local Cherry Heirloom** – Product in stock from Thao Farms. Item# 4072, 12/6 oz.

**Heirlooms** – Quality on CA product is very good. Baby/Small are still high but have eased.

**Teardrop** – Supply is short on yellow and red for the next 2-3 weeks.

## Mushrooms

**Porcinis** – Good supply this week.

**Chanterelles** – Quality is good and prices have come off.

**Hedgehog** – Unavailable.

**Morel** – Product available with decent quality. Prices are way down.

**Black Trumpet** – Finished for the season.

**Oyster/Shiitake** – Quality is good and price is holding at lower levels.

## Cucumbers

**Standard** – Quality is good and prices are holding at lower levels.

**English/Hot House** – Prices are holding at lower levels.

## Citrus

**Lemons** – **Prices are way up, especially on larger sizes. Avoid Sunkist label if possible. Best deal is on 200 ct.**

**Limes** – Prices are back to normal levels.

**Blood Oranges** – Supply has resumed on import product.

**Grapefruit** – CA Ruby Red product is now being shipped. Color may be lighter but quality is good.

**Local Oro Blanco** – Polito Farms has product available for a couple more weeks.

**Local Valencia's** – JJ Lone Daughter product is in house and is fantastic for juicing. Item# 5710 is a great buy right now and will be for the next couple of months.

**Navels** – Season is finished and we have switched over to Valencias.

## Berries

**Straws** – Prices are up slightly with the upcoming demand for the 4<sup>th</sup> of July. Quality has been good.

**White/Pink Strawberries** – White and Pink strawberries are available by pre-order. Each are packed 8/14 oz.

**Black** – MX has finished; CA supply. *Pudwill Farms (\*FM code 6674) product is plentiful and at a reduced price.*

**Blues** – Big volumes out of Oregon and CA, great quality. Pudwill Farms product available \*FM 6673.

**Ras** – Great quality out of CA. Local product available \*FM 6676 and Gold will be available by pre-order, 22580.

## Squash

**Local Baby Summer** – Fantastic product in from Valdivia and a mixed case from Suzie's, item# 24698.

**Yellow Squash & Zucchini** – Both are in great supply out of MX. Price is down and quality is excellent.

**Acorn Butternut/Spaghetti** – Prices are down on product out of North MX and quality is good.

**Blossoms** – Available from Valdivia in a 50 ct pack.