

west central

Keep an Eye Out For...

California Feijoas
California Fuyu Persimmons
Baby Kiwi are now available.
Matsutake Mushrooms are available.
Make a big Note on this item
Brussels sprout market are very limited.
Also Green Romanesco and Purple cauliflower.

Wrapping up...

Coastal Organics and their beautiful tomatoes are quickly coming to an end. We have the last of their heirloom cherry tomatoes here.

Regier Farm Peaches are retired for the season. We'll see them again soon with their CA Citrus.

Mustard Greens & Kale can't take the heat.



Farm To Table

Hot Hot Heat! Late summer in California brings the heat. This weather is perfect for chilies with spice. Cayenne Peppers are fresh at the market along with ample amounts of Spanish and Thai chilies, great for drying. **Pears Are Here.** These fall favorites don't last long so get them while they're here and beautiful. What makes these Farmers' Market pears unique are the heritage varieties our small farmers still grow. You won't find these beauties anywhere else. We're stocking European Warren Pears from the Frog Hollow.





WC Produce Update

Asparagus - a little easier; jumbo still remains strong.

Broccoli & Cauliflower - had been going down but is on the rebound, volume is too low for prices to be coming down anytime soon.

Green Onions- very short, prices have tripled and are at levels that we have never seen before.

Stone Fruit - the season is winding down; white nectarines and peaches are hit and miss with miss being the operative word, Yellow nectarines out of Washington are still good but supplies are dwindling; yellow peaches are still good and are now coming out of California and Utah, plums are still good too. Apricots and cherries are finished.

Yellow & White Corn - supplies are limited and prices are heading back up

Suzie's Farm

Cranberry Shelling Beans FLAT #6406

Tenerelli Farms

Late Season White Peaches FLAT #6961

Late Season Yellow Peaches FLAT #6403

Penryn Farms

Hosui & Shinseki Asian Pears FLAT #5580

Frog Hollow Farms

Classic Warren Pears FLAT #6593

Arnett Farms

Flavor Fall Plums FLAT #23392

Dancing Devil Pluots FLAT #22984

Sunchokes or Jerusalem Artichokes are in! The first the season are here from Coleman Farm in Carpinteria.

