

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / SEPTEMBER 18, 2015

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: APPLES, FUJI

FARM: FAIR HILLS FARMS

LOCATION: PASO ROBLES, CA

ORDERING SKU: 20149

My favorite apples (Fuji's) are back. A cross between a Red Delicious and Ralls Janet apple, this apple is great to eat fresh and stores very well. They have a crisp, sweet bite to them. They are a versatile apple and don't tend to get mealy. We will start stocking them this coming Wednesday. Please make sure to try them out!

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Beans, Cranberry (#) SKU 6406-Rutiz Farms
Beans, Lima (#) SKU 5824-McGrath Farms
Chiles, Padron (#) SKU 5442-Weiser Farms
Corn, White (48CT) SKU 7394-Tamai Farms
Cucumbers (CS) SKU 22839-Tutti Frutti Farms
Cucumbers, Lemon (#) SKU 5429-Munak Farms
Eggplant, Large (24CT) SKU 7026-Peacock Farms
Ginger, Young (FRESH) SKU 5971-Thao Farms
Lettuce, Freckle (24CT) SKU 5403-Coleman Farms
Lettuce, Green Salanova (24) SKU 22510-The Garden Of...
Lettuce, Red Salanova (24) SKU 19260-The Garden Of...
Peppers, Red Bell (#) SKU 25011-Rancho La Familia
Peppers, Sweet Mix (#) SKU 6969-Peacock & Tamai
Potato, Yukon (50#) SKU 6887-Zuckerman Farms
Shallots, Whole (#) SKU 7226-Weiser Farms
Squash, Delicata (#) SKU 23702-Suzie's Farm
Squash, Hubbard (#) SKU 7244-Suzie's Farm
Squash, Red Kuri (#) SKU 20651-Suzie's Farm
Squash, Zephyr (#) SKU 22838-McGrath Farms
Sunchokes (#) SKU 2830-Weiser Farms
Tomatoes, Beefsteak LRG (FLAT) SKU 5414-Valdivia Farm
Tomatoes, Heirloom Mixed SKU 7162-Tutti Frutti Farms
Tomatoes, Sungold Cherry (12/1PT) SKU 5139-Munak Farm

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Fuji (10#) SKU 20149-See Canyon Farms
Apples, Granny Smith (10#) SKU 24215-Murray
Apples, Quince (10#) SKU 19644-Terry Ranch
Avocados, Reed (FLAT) SKU 5588-JJ Lone Daughter
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm
Berry, Raspberry Red (FLAT) SKU 6676-Pudwill Farm
Figs (FLAT) SKU 5862-Jimenez Farms
Grapes, Flame (10#) SKU 5863 - Peacock Farms
Grapes, Green Seedless (10#) SKU 6480-Peacock Farm
Nectarines, Yellow (FLAT) SKU 22651-Tenerelli
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter
Papaya, Gold (#) SKU 24849-Golden State Papaya
Peaches, White (FLAT) SKU 6961-Tenerelli Farms
Pomegranates, Red (EA) SKU 5576-JJ Lone Daughter
Watermelon, Red Seedless SKU 19127-Munak Farms

ENDING/GAPPING ITEMS:

Grapefruit, Oro Blanco - Gapping until November
Mixed Melons (20#) - Weiser is done for the season
Peaches, Yellow - Done
Strawberries, Gaviota SKU 22092 - Gapping indef.
Sunchokes - Gapping for a month (very limited supply)
Tomatoes, Mixed Cherries - Limited to 2 maybe 3 colors
Watermelon, Red Seedless SKU 19127 - Last week

MORE FOOD FOR THOUGHT



VALDIVIA FARMS

BEEFSTEAK TOMATOES



TUTTI FRUTTI FARMS

MIXED HEIRLOOM
TOMATOES



TAMAI FARMS

WHITE CORN



PEACOCK FARMS

FLAME GRAPES



FAIR HILLS FARM

FUJI APPLES



MCGRATH FARMS

ZEPHYR SQUASH



WEISER FARMS

POTATOES,
FINGERLING



TERRY RANCH

QUINCE APPLE



THAO FARMS

YOUNG GINGER