

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: STRAWBERRIES

FARM: BLUE HERON FARMS

LOCATION: FALLBROOK, CA

ORDERING SKU: 22582

If you haven't heard, Strawberries have been hit hard by the recent weather. Harrys Berries has had terrible damage and is only allowing us 2 Gaviotas and 2 Seascape's a Wednesday. Rancho La Familia has had the same issues due to humidity and rains. Rancho La Familia is about 2 weeks away from full production (barring no setbacks due to weather). A great substitute are the strawberries from Blue Heron Farms in Fallbrook. The berries are super sweet and firm with good availability.

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Beans, French Haricot (#) SKU 7133-Valdivia Farms
Beans, Purple Runners (#) SKU 19006-2 Peas in a Pod
Cabbage, Savoy (EA) SKU 6680-Tamai Farms
Celery, Baby (BU) SKU 144-Yasutomi Farms
Chard, Rainbow (24CT) SKU 18003 - Suzie's Farm
Chile, Cherry Bomb (#) SKU 18796-Suzie's Farm
Chiles, Hot Mix (#) SKU 18795 - Suzie's Farm
Chiles, Padron (#) SKU 5442-Suzie's Farm
Corn, White (48CT) SKU 7394-Tamai Farms
Cucumbers (CASE) SKU 22839-Tutti Frutti Farms
Cucumbers, Lemon (#) SKU 5429-Munak Farms
Eggplant, Large (24CT) SKU 7026-Peacock Farms
Garbanzo, Whole Plant (BU) SKU 23304-Jimenez Farms
Lettuce, Freckle (24CT) SKU 5403-Coleman Farms
Peppers, Sweet Mix (#) SKU 6969-Peacock & Tamai
Potatoes, Fingerling (50#) SKU 2415-Weiser Farms
Sunchokes (#) SKU 2830-Weiser Farms
Tomatoes, Beefsteak LRG (FLAT) SKU 5414-Valdivia Farm
Tomatoes, Heirloom Mixed SKU 7162-Tutti Frutti Farms
Tomatoes, Mixed Cherry (12/1PT) SKU 23040-Tamai Farms
Tomatoes, Mixed Cherry (12/.5PT) SKU 4072-Thao Farms
Tomatoes, Sungold Cherry (12/1PT) SKU 5139-Munak Farm

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Baby Green (G. Delicious) SKU 5864-Murray
Apples, Gala (10#) SKU 20146-Murray Farms
Apples, Granny Smith (10#) SKU 24215-Murray
Avocadoes (FLAT) SKU 5588-JJ Lone Daughter
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm
Berry, Raspberry Red (FLAT) SKU 6676-Pudwill Farm
Figs (FLAT) SKU 5862-Murray Farms
Limes, Finger (6oz) SKU 5917 - JJ Lone Daughter
Nectarines, Yellow (FLAT) SKU 22651-Tenerelli
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter
Papaya, Gold (#) SKU 24849-Golden State Papaya
Passionfruit (12/1PT) SKU 7048-Murray Farms
Peach, Yellow (FLAT) SKU 6962-Peacock Farms
Peaches, White (FLAT) SKU 6961-Tenerelli Farms
Plums (FLAT) SKU 6907-Tenerelli Orchards
Pluot, Emerald Beaut (FLAT) SKU 23393-Murray Farm

ENDING/GAPPING ITEMS:

Mixed Melons (20#) - Weiser is gapping for a few weeks
Nectarines, Yellow SKU 22651 - Available Wednesday
Strawberries, Gaviota SKU 22092 - Terrible crop damage, will be gapping until further notice.
Strawberries, Organic SKU 5743 - Gapping few weeks