

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / AUGUST 12, 2016

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: APPLES, GALA

FARM: SEE CANYON FARMS

LOCATION: SAN LUIS OBISPO, CA

ORDERING SKU: 20146

It's amazing how time flies! A few months ago we were talking about the start of peaches and now we have apples. It is almost mid-August and we have Gala apples starting to show up from San Luis Obispo. See Canyon dry farms which means the established trees are irrigated by rain water and the water table. Young tree are on drip irrigation until they tap into the water table below and become dry farmed. These Galas are very crispy with a sweet juicy bite to them. A fresh crispy Gala is hard to beat. Try now!

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Beans, Black Mauve Fresh (#) SKU 4073-2 Peas in a Pod
Beans, Cannellini Fresh (#) SKU 23328-2 Peas in a Pod
Beans, French Haricot (#) SKU 7133 - Valdivia Farms
Beans, White Cap (#) SKU 5582 - 2 Peas in a Pod
Carrots, Baby Mixed (12CT) SKU 6038 - Valdivia Farms
Celery, Baby (BU) SKU 144 - Yasutomi Farms
Chile, Padron (#) SKU 5442 - Suzie's Farm
Chile, Shishito (#) SKU 7157 - Weiser Farms
Corn, Baby (#) SKU 25146 - Valdivia Farms
Corn, White (48CT) SKU 7394 - Tamai Farms
Cucumbers, Lemon (#) SKU 5429 - Munak Farms
Eggplant, Baby Mixed (CS) SKU 27472 - Weiser Farms
Peppers, Baby Mixed Sweet (5#) SKU 27704 - Weiser Farms
Potato, Magic Myrna (10#) SKU 24625 - Weiser Farms
Spinach, Bloomsdale (4#) SKU 6679 - Rutiz Farms
Squash, Mixed Summer (CASE) SKU 24698 - JF Organics

PLEASE NOTE:

APRICOTS - DONE FOR SEASON
BABY SPROUTING BROCCOLI - VERY LIMITED, PRE ORDER
BEANS, CRANBERRY - GAPPING 1-2 WEEKS
ORO BLANCO GRAPEFRUIT - DONE
POTATO, FINGERLINGS - 3 WEEK GAP, LIMITED & PRICE UP
STRAWBERRIES (HARRY'S) - VERY LIMITED

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Gala (10#) SKU 20146 - See Canyon Farms
Berry, Blackberry (FLAT) SKU 6674 - Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 - Pudwill Farm
Berry, Raspberry (FLAT) SKU 6676 - Pudwill Farm
Grapes, Concord (5#) SKU 27702 - Scott Farms
Grapes, Green Muscat (2#) SKU 25759 - Murray Farms
Grapes, Flames (5#) SKU 25758 - Scott Farms
Grapes, Princess (2#) SKU 23305 - Murray Farms
Limes, Finger (12/6oz) SKU 5916 - JJ Lone Daughter
Melons, Mixed (20#) SKU 18954 - Munak Farms
Nectarines, White (FLAT) SKU - Regier Farms
Nectarines, Yellow (FLAT) SKU 22615 - Regier Farms
Oranges, Blood (#) SKU 18006 - JJ Lone Daughter
Oranges, Valencia (40#) SKU 5710 - JJ Lone Daughter
Peaches, White (FLAT) SKU 6961 - Regier Farms
Peaches, Yellow (FLAT) SKU 6962 - Regier Farms
Plums, Mirabelle (5#) SKU 25105 - Andy Orchard
Plums, Peacotum (FLAT) SKU 6983 - Murray Farms
Tomatoes, Beefsteak LRG (10#) SKU 5414 - Valdivia
Tomatoes, Early Girls (10#) SKU 6413 - Thao Farms
Tomatoes, Cherry Mixed (12/6oz) SKU 4072 - Thao
Tomatoes, Cherry Mixed (12/1PT) SKU 23040 - Coastal
Tomatoes, Heirloom (10#) SKU 7162 - Freyr Farms
Tomatoes, Sun Gold (12/1PT) SKU 5139 - Munak Farms
Watermelon, Red Seedless (EA) SKU 19127 - Murray Farms

WE SUPPORT: 2 PEAS IN A POD, ANDYS ORCHARD, BERNARD RANCH, COASTAL ORGANICS, COLEMAN FARMS, COUNTY LINE HARVEST, FAIR HILLS FARMS, FINLEY FARMS, FITZGERALD FARMS, FLORA BELLA FARMS, HARRY'S BERRIES, JF ORGANICS, JJ LONE DAUGHTER RANCH, LIFES A CHOKE, MCGRATH FARMS, MUD CREEK RANCH, MURRAY FARMS, ORGANIC PASTURES, PENRYN ORCHARDS, POLITO FARMS, PUDWILL FARMS, RANCHO LA FAMILIA, REGIER FARMS, RUTIZ FARMS, SCHANER FARMS, SUZIE'S FARM, TAMAI FARMS, TENERELLI FARMS, THAO FARMS, TUTTI FRUTTI, VALDIVIA FARMS, WEISER FARMS, WINDROSE FARMS, WONG FARMS, YASUTOMI FARMS, ZUCKERMAN FARMS & MORE

MORE FOOD FOR THOUGHT



SUZIE'S FARM

PADRON PEPPERS



SUZIE'S FARM

LEMON CUCUMBERS



COASTAL ORGANICS

MIXED CHERRY TOMATOES



REGIER & TENERELI FARMS

YELLOW PEACHES



WEISER FARMS

SWEET MINI PEPPERS



VALDIVIA FARMS

CORN



WEISER FARMS

MAGIC MYRNA
FINGERLING POTATO



JF ORGANICS

MIXED SUMMER SQUASH



SCOTT FARMS

GRAPES