

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JULY 1, 2016

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: MIXED CHERRY TOMATOES

FARM: THAO FARMS

LOCATION: FRESNO, CA

ORDERING SKU: 23040 (12/1pt) or 4072 (12/.5pt)

Nothing speaks summer like cherry tomatoes. This week's feature comes from Thao Farms in Fresno, CA. Each colored tomato carries its own distinct sweet flavor and acidity. Put them all together and you get an amazing addition to any salad or to eat as is with some olive oil and salt. The season just started has just begun. Look forward to using these beauties all summer long!

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Asparagus, Jumbo (BU) SKU 6872 - Life's a Choke
Asparagus, Large (BU) SKU 6085 - Life's a Choke
Beans, Cranberry Fresh (#) SKU 6406 - 2 Peas in a Pod
Broccoli, Sprouting (#) SKU 7135 - Coastal Organics
Carrots, Baby Mixed (12CT) SKU 6038 - Weiser Farms
Celery, Baby (BU) SKU 144 - Yasutomi Farms
Chile, Padron (#) SKU 5442 - Suzie's Farm
Cucumbers, Lemon (5#) SKU 27429 - Suzie's Farm
Eggplant, Baby Mixed (CS) SKU 27472 - Weiser Farms
Fennel (12BU) SKU 5569 - Tutti Frutti Farms
Lettuce, Freckle (24CT) SKU 5403 - Coleman Farms
Onions, Spring Torpedo (12BU) SKU 5122 - Tutti Frutti
Potato, Magic Myrna (10#) SKU 24625 - Weiser Farms
Radish, Purple Plum (12CT) SKU 22895 - Weiser Farms
Squash, Mixed Summer (CASE) SKU 24698 - Suzie's Farm
Zucchini, Green Fancy (20#) SKU 24687 - Tutti Frutti

PLEASE NOTE:

APRICOTS - VERY LIMITED, SEASON ALMOST OVER
ARUGULA, RUCOLA - DONE FOR SEASON
BABY SPROUTING BROCCOLI - VERY LIMITED, PRE ORDER
CHERRIES - DONE FOR SEASON
SPIGARELLO - DONE FOR SEASON

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Berry, Blackberry (FLAT) SKU 6674 - Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 - Pudwill Farm
Berry, Raspberry (FLAT) SKU 6676 - Pudwill Farm
Berry, Strawberry Gaviota (FLAT) SKU 22092 - Harrys
Grapefruit, Oro Blanco (28CT) SKU 6683 - Bernard
Grapes, Black (10#) SKU 5863 - Scott Farms
Grapes, Green Muscat (2#) SKU 25759 - Murray Farms
Grapes, Thomcord (2#) SKU 23305 - Murray Farms
Limes, Finger (12/6oz) SKU 5916 - JJ Lone Daughter
Melon, Mixed (20#) SKU 18954 - Weiser Farms
Nectarines, White (FLAT) SKU - Regier Farms
Nectarines, Yellow (FLAT) SKU 22615 - Regier Farms
Oranges, Blood (#) SKU 18006 - JJ Lone Daughter
Oranges, Valencia (40#) SKU 5710 - JJ Lone Daughter
Peaches, White (FLAT) SKU 6961 - Fitzgerald Farms
Peaches, Yellow (FLAT) SKU 6962 - Regier Farms
Plums, Green (FLAT) SKU 23393 - Fitzgerald Farms
Plums, Santa Rosa (FLAT) SKU 6942 - Scott Farms
Plums, Splash (FLAT) SKU 6983 - Fitzgerald Farms
Tomatoes, Beefsteak LRG (10#) SKU 5414 - Valdivia
Tomatoes, Early Girls (10#) SKU 6413 - Thao Farms
Tomatoes, Cherry Mixed (12/6oz) SKU 4072 - Thao
Tomatoes, Heirloom (10#) SKU 7162 - Freyr Farms

WE SUPPORT: 2 PEAS IN A POD, ANDYS ORCHARD, BERNARD RANCH, COASTAL ORGANICS, COLEMAN FARMS, COUNTY LINE HARVEST, FAIR HILLS FARMS, FINLEY FARMS, FITZGERALD FARMS, FLORA BELLA FARMS, HARRY'S BERRIES, JF ORGANICS, JJ LONE DAUGHTER RANCH, LIFES A CHOKE, MCGRATH FARMS, MUD CREEK RANCH, MURRAY FARMS, ORGANIC PASTURES, PENRYN ORCHARDS, POLITO FARMS, PUDWILL FARMS, RANCHO LA FAMILIA, REGIER FARMS, RUTIZ FARMS, SCHANER FARMS, SUZIE'S FARM, TAMAI FARMS, TENERELLI FARMS, THAO FARMS, TUTTI FRUTTI, VALDIVIA FARMS, WEISER FARMS, WINDROSE FARMS, WONG FARMS, YASUTOMI FARMS, ZUCKERMAN FARMS & MORE

MORE FOOD FOR THOUGHT



WEISER FARMS

SHISHITO PEPPERS



SUZIE'S FARM

LEMON CUCUMBERS



WEISER FARMS

PURPLE PLUM RADISH



REGIER FARMS

YELLOW PEACHES



THAO FARMS

EARLY GIRL TOMATOES



VALDIVIA FARMS

BABY SQUASHES



WEISER FARMS

MAGIC MYRNA
FINGERLING POTATO



SUZIE'S FARM

MIXED SUMMER SQUASH



MURRAY FARMS

GREEN MUSCAT GRAPE