

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JUNE 10, 2016

CUSTOMER SERVICE/ORDER DESK 800.464.8349



**FEATURED ITEM:** SUNGOLD CHERRY TOMATOES

**FARM:** MUNAK RANCH

**LOCATION:** PASO ROBLES

**ORDERING SKU:** 5139

Sun Gold Cherry Tomatoes are one of the most popular varieties around. They start to appear in the beginning of summer and produce until first frost. Munak Ranch was at the Wednesday market this past week with their 1<sup>st</sup> crop. The fruit is on the smaller size with very firm sweet flesh, a great treat to snack on. We will carry these throughout the summer. If you need a good amount please contact [jgonzalez@westcentralla.com](mailto:jgonzalez@westcentralla.com) to place a pre-order.

**HOT LEAFY/VEGETABLE ITEMS! \*Pre-order Mon for Wed Market - Limited Quantities on Hand**

Asparagus, Jumbo (BU) SKU 6872 - Life's a Choke  
Asparagus, Large (BU) SKU 6085 - Life's a Choke  
Beets, Baby Gold (12CT) SKU 23924-County Line Harvest  
Beets, Baby Mixed (12CT) SKU 5967 - County Line  
Beets, Baby Red (12CT) SKU 23923 - County Line  
Broccoli, Sprouting (#) SKU 7135 - Coastal Organics  
Celery, Baby (BU) SKU 144 - Yasutomi Farms  
Cucumbers, Lemon (5#) SKU 27429- Her Produce  
Cucumbers, Painted Serpent (CS) SKU 27475-County Line  
Eggplant, Baby Mixed (CS) SKU 27472-County Line  
Fennel (12BU) SKU 5569 - Coastal Organics  
Lettuce, Freckle (24CT) SKU 5403-Coleman Farms  
Onions, Spring Torpedo (12BU) SKU 5122-Tutti Frutti  
Potato, Magic Myrna (10#) SKU 24625-Weiser Farms  
Radish, Purple Plum (12CT) SKU 22895-Weiser Farms  
Squash, Mixed Summer (CASE) SKU 24698-Suzie's Farm  
Turnips, Baby White (12CT) SKU 6041-County Line  
Zucchini, Green Fancy (20#) SKU 24687-Tutti Frutti

**HOT FRUIT ITEMS! \*Pre-order Mon for Wed Market - Limited Quantities on Hand**

Apricots (FLAT) SKU 6945- Tenerelli Orchards  
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm  
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm  
Berry, Raspberry (FLAT) SKU 6676-Pudwill Farm  
Berry, Strawberry Gaviota (FLAT) SKU 22092 - Harrys  
Cherries, Red (#) SKU 5744 - Tenerelli Orchards  
Grapefruit, Oro Blanco (28CT) SKU 6683-Bernard  
Melon, Ananas (20#) SKU 27473 - County Line  
Melon, Charentais (20#) SKU 18956-County Line  
Melon, Galia (20#) SKU 4223 - County Line  
Melon, Mixed (20#) SKU 18954 - County Line  
Melons, Piel De Sapo (20#) SKU 27471 - County Line  
Nectarines, White (FLAT) SKU - Regier Farms  
Nectarines, Yellow (FLAT) SKU 22615-Regier Farms  
Oranges, Blood (#) SKU 18006 - JJ Lone Daughter  
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter  
Peaches, White (FLAT) SKU 6961 - Regier Farms  
Peaches, Yellow (FLAT) SKU 6962 - Regier Farms  
Tomato, Beefsteak LRG (10#) SKU 5414-Valdivia Farm  
Tomatoes, Heirloom (10#) SKU 7162 - Freyr Farms

**PLEASE NOTE:**

Baby Mixed Carrots - Gapping  
Mixed Cherry Tomatoes - Only single colors available  
Spring Garlic - Done

**WE SUPPORT:** 2 PEAS IN A POD, ANDYS ORCHARD, BERNARD RANCH, COASTAL ORGANICS, COLEMAN FARMS, COUNTY LINE HARVEST, FAIR HILLS FARMS, FINLEY FARMS, FITZGERALD FARMS, FLORA BELLA FARMS, HARRY'S BERRIES, JF ORGANICS, JJ LONE DAUGHTER RANCH, LIFES A CHOKE, MCGRATH FARMS, MUD CREEK RANCH, MURRAY FARMS, ORGANIC PASTURES, PENRYN ORCHARDS, POLITO FARMS, PUDWILL FARMS, RANCHO LA FAMILIA, REGIER FARMS, RUTIZ FARMS, SCHANER FARMS, SUZIE'S FARM, TAMAI FARMS, TENERELLI FARMS, THAO FARMS, TUTTI FRUTTI, VALDIVIA FARMS, WEISER FARMS, WINDROSE FARMS, WONG FARMS, YASUTOMI FARMS, ZUCKERMAN FARMS & MORE

# MORE FOOD FOR THOUGHT



MURRAY FARMS

MULBERRIES



HER PRODUCE

LEMON CUCUMBERS



WEISER FARMS

PURPLE PLUM RADISH



REGIER FARMS

YELLOW PEACHES



LIFE'S A CHOKE

ASPARAGUS (LRG & JMBO)



VALDIVIA FARMS

BABY SQUASHES



WEISER FARMS

MAGIC MYRNA  
FINGERLING POTATO



SUZIE'S FARM

MIXED SUMMER SQUASH



BERNARD RANCH

ORO BLANCO  
GRAPEFRUIT