

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / MAY 27, 2016

CUSTOMER SERVICE/ORDER DESK 800.464.8349



**FEATURED ITEM:** APRICOT (ROBADA)

**FARM:** TENERELLI ORCHARDS

**LOCATION:** LITTLE ROCK, CA

**ORDERING SKU:** 6945

Robada Apricots are very large (almost jumbo) in size compared to other apricot varieties. When ripe the fruit will be a deep-orange color with a bright-red blush. They tend to be juicier and sweeter than a normal apricot, which can be tart. The Robada's are a very versatile fruit that can be eaten fresh, cooked, dried, jammed or frozen. They will only be around for this week so don't miss out. We will have a new variety to try next week. Enjoy!

**HOT LEAFY/VEGETABLE ITEMS! \*Pre-order Mon for Wed Market - Limited Quantities on Hand**

Arugula, Rucola (4#) SKU 23764-County Line Harvest  
Asparagus, Jumbo (BU) SKU 6872 - Life's a Choke  
Asparagus, Large (BU) SKU 6085 - Life's a Choke  
Beans, Fava (#) SKU 6304 - Valdivia Farms  
Beets, Baby Gold (12CT) SKU 23924-County Line Harvest  
Beets, Baby Mixed (12CT) SKU 5967 - County Line  
Beets, Baby Red (12CT) SKU 23923 - County Line  
Broccoli, Sprouting (#) SKU 7135 - Coastal Organics  
Celery, Baby (BU) SKU 144 - Yasutomi Farms  
Cauliflower, White (12CT) SKU 5503-Life's a Choke  
Cucumbers, Lemon (5#) SKU 27429-Suzie's Farm  
Fennel (12BU) SKU 5569 - Coastal Organics  
Lettuce, Freckle (24CT) SKU 5403-Coleman Farms  
Lettuce, Mixed Heads (24CT) SKU 20326-County Line  
Onions, Calcot Red (12BU) SKU 20764-Valdivia Farms  
Onions, Spring Torpedo (12BU) SKU 5122-Tutti Frutti  
Peas, English (#) SKU 5598 - Valdivia Farms  
Peas, Sugar Snap (#) SKU 5570 - Tutti Frutti Farms  
Potato, Magic Myrna (10#) SKU 24625-Weiser Farms  
Squash, Mixed Summer (CASE) SKU 24698-Suzie's Farm  
Zucchini, Green Fancy (20#) SKU 24687-Tutti Frutti

**HOT FRUIT ITEMS! \*Pre-order Mon for Wed Market - Limited Quantities on Hand**

Apricots (FLAT) SKU 6945- Tenerelli Orchards  
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm  
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm  
Berry, Raspberry (FLAT) SKU 6676-Pudwill Farm  
Berry, Strawberry Gaviota (FLAT) SKU 22092 - Harrys  
Cherries, Red (#) SKU 5744 - Tenerelli Orchards  
Grapefruit, Oro Blanco (28CT) SKU 6683-Bernard  
Nectarines, White (FLAT) SKU - Regier Farms  
Nectarines, Yellow (FLAT) SKU 22615-Regier Farms  
Oranges, Blood (#) SKU 18006 - JJ Lone Daughter  
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter  
Peaches, Sugar Lips (FLAT) SKU 19054-Fitzgerald  
Peaches, White (FLAT) SKU 6961 - Regier Farms  
Peaches, Yellow (FLAT) SKU 6962 - Murray Farms  
Peacotum, Golden (FLAT) SKU 18985-Murray Farms  
Pluots, Crimson (FLAT) SKU 6907 - Murray Farms  
Tomato, Beefsteak LRQ (10#) SKU 5414-Valdivia Farm

## PLEASE NOTE:

Baby Mixed Carrots - Gapping  
Mixed Cherry Tomatoes - Only single colors available  
Spigarello - Done  
Spring Garlic - VERY Limited

# MORE FOOD FOR THOUGHT



MURRAY FARMS

MULBERRIES



RUTIZ FARMS

SPROUTING BROCCOLI



TENERELLI ORCHARDS

CHERRIES



REGIER FARMS

YELLOW PEACHES



LIFE'S A CHOKE

ASPARAGUS (LRG & JMBO)



TUTTI FRUTTI FARMS

SUGAR SNAP PEAS



WEISER FARMS

MAGIC MYRNA  
FINGERLING POTATO



SUZIE'S FARM

MIXED SUMMER SQUASH



BERNARD RANCH

ORO BLANCO  
GRAPEFRUIT