

WEST CENTRAL PRODUCE'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: ONION, SPRING RED TORPEDO

FARM: TUTTI FRUTTI FARMS

LOCATION: LOMPOC, CA

ORDERING SKU: 5122

Native to Italy (Tropea, Calabria), Red torpedo onions look like small footballs and are covered in a thin red to purplish skin. The flesh of the onion is white with a red edge. These onions have a good bite to them, hot and slightly sweet. Perfect to eat raw, cooked or pickled. Cooking brings out the natural sweetness of the onion, a light caramelizing creates a very rich flavor. Great on the grill!



HOT VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Artichokes, Baby Purple (10#) SKU 18082-Lifes a Choke
Artichokes, Lrg Purple (13CT) SKU-7348-Lifes a Choke
Asparagus, Jumbo (11#) SKU 6872-Zuckerman Farms
Beans, Fava (#) SKU 6304 - Valdivia Farms
Beets, Mixed (12CT) SKU 5967-County Line
Beets, Red (24CT) SKU 6609-County Line
Broccoli, Sprouting (#) SKU 7135 - Thao Farms
Carrots, Baby Mixed (12CT) SKU 6038-Valdivia Farms
Carrots, Chantenay (12CT) SKU 5421-Jimenez Farms
Cauliflower, Cheddar (12CT) SKU 5956-Suzie's Farm
Cauliflower, Romanescos (EA) SKU 5955-Suzie's Farm
Celery, Baby (BU) SKU 144-Yasutomi Farms
Garlic, Spring (Green) (BU) SKU 5595-Thao Farms
Onions, Spring (White) (24CT) SKU 18011-Schaner Farms
Peas, English (#) SKU 5598-Rutiz Farms
Peas, Sugar Snap (#) SKU 5570-Blue Heron Farms
Peas, Tendrils (3#) SKU 7228-McGrath Farms
Potatoes, Fingerlings (50#) SKU 2415-Weiser Farms
Radish, Breakfast (12CT) SKU 18009-County Line
Radish, Daikon (EA) SKU 5668-Yasutomi Farms
Radish, Easter Egg (BU) SKU 24615-County Line
Sprouts, Brussel (10#) SKU 20269-Lifes a Choke
Tomatoes, Sungold Cherry (FLAT) SKU 5139-Wong Farm
Turnips, Baby Pink (12CT) SKU 5529-Coastal Organics

HOT LEAFY ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Arugula, Rucola (3#) SKU 23764-County Line
Chard, Rainbow (24CT) SKU 18003-County Line
Lettuce, Baby Mixed (24CT) SKU 20326-County Line
Lettuce, Celtuce (12CT) SKU 7227-Coleman Farms
Lettuce, Freckle (24CT) SKU 5403-Coastal Organics
Lettuce, Miners (#) SKU 7610-Shiitake Happens
Lettuce, Red Salanova (24CT) SKU 19260-Suzie's Farm
Mustard, Red Frill (BU) SKU 5719-Windrose Farms
Spinach, Bloomsdale (4#) SKU 6679-Weiser Farms

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Almonds, Green (#) SKU 22172-Fat Uncle Farms
Apples, Fuji (10#) SKU 20149-Fair Hills Farm
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm
Berry, Raspberry (FLAT) SKU 6676-Pudwill Farm
Grapefruit, OroBlanco (24CT) SKU 6683-Bernard Ranch
Kumquats (#) SKU 5583-Garcia Organic Farms
Lemons, Meyer (10#) SKU 6415-JJ Lone Daughter
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter
Strawberries, Gaviotas (FLAT) SKU 22092-Harrys
Strawberries, Mara De Bois (FLAT) SKU 334-Harrys
Strawberries, Org. (8x1#) SKU 5743-Rancho La Familia
Tangerines, Pixie (10#) 24495-Mud Creek Ranch
Tangerines, Tree Ripe (10#) SKU 23828-Regier Farms