

WEST CENTRAL PRODUCE'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER

CUSTOMER SERVICE/ORDER DESK 800.464.8349

FEATURED ITEM: ARTICHOKE, BABY PURPLE

FARM: LIFE'S A CHOKE FARM

LOCATION: LOMPOC, CA

ORDERING SKU: 18082



A Baby Artichoke is not a separate variety. It's just a smaller, and fully mature version of the larger buds. Its petite size comes from being picked from the lower part of the plant. Baby Artichokes are also easy to prepare, cook and eat because they haven't developed the fuzzy portion of the choke in the center.

HOT VEGETABLE ITEMS!

Asparagus, Jumbo (Delta) 11# SKU 6872
Asparagus, Large (Delta) 11# SKU 6085
Beans, Fava (#) SKU 6304
Broccoli, DiCiccio (5#) SKU 20916-Limited
Broccoli, Sprouting (#) SKU 7135
Carrots, Baby Mixed (12CT) SKU 6038
Carrots, Chantenay (12CT) SKU 5421
Cauliflower, Cheddar (12CT) SKU 5956
Cauliflower, Romanesco (EA) SKU 5955
Celery, Baby (BU) SKU 144
Garlic, Spring (Green) (BU) SKU 5595
Leeks, Large (10#) SKU 5723
Onions, Red Torpedo (12CT) SKU 5122
Onions, Spring (24ct) SKU 18011
Peas, English (#) SKU 5598
Peas, Sugar Snap (#) SKU 5570
Potatoes, R.B. Fingerlings (50#) SKU 2415
Radish, Breakfast (12CT) SKU 18009
Radish, Mixed (24CT) SKU 5418
Tomatoes, Sungold Cherry (Flat) SKU 5139
Turnips, Baby Pink (12CT) SKU 5529
Turnips, Pink Loose (10#) SKU 24364

HOT LEAFY ITEMS!

Arugula, Rucola (3#) SKU 23764
Chard, Rainbow (24ct) SKU 18003
Fava, Tendrils (BU) SKU 5698
Kale, Baby Lacinato (3#) SKU 21512
Lettuce, Baby Mixed (24CT) SKU 20326
Lettuce, Green Salanova SKU 22510
Lettuce, Red Salanova SKU 19260
Spinach, Bloomsdale (4#) SKU 6679

HOT FRUIT ITEMS!

Apples, Fuji (10#) SKU 20149
Berry, Raspberry (Flat) SKU 6676
Grapefruit, Oro Blancos (24CT) SKU 6683
Oranges, Valencia (40#) SKU 5710
Strawberries, Harry's Berries Gaviota (Flat) SKU 22092 - PRE ORDER BASIS ONLY
Strawberries, Harry's Berries Mara De Bois (Flat) SKU 334 - PRE ORDER BASIS ONLY
Strawberries, Organic (8x1#) SKU 5743
Tangerines, Pixie (10#) 24495
Tangerines, Tree Ripened Golden Nuggets (10#) SKU 23828