

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / OCTOBER 21, 2016

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: FUYU PERSIMMONS

FARM: BRYAR PATCH

LOCATION: VENTURA, CA

ORDERING SKU: 5516

A fall favorite, the persimmon grows extremely well in California. With history in Asian horticulture and Greece, this fruit is rich in culture.

California is home to many different varieties, the two most popular are Fuyu and Hachiya. Fuyu's (non-astringent) have a sweet and crunchy taste while the Hachiya (astringent) are very sweet but need to be eaten completely soft. In addition to the two varieties above we also carry Chocolate, Cinnamon and Brown Sugar.

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Arugula, Rucola (4#) SKU 23764 - County Line Harvest
Beans, Cranberry (#) SKU 6406 - 2 Peas in a Pod
Beets, Mixed Baby (12CT) SKU 5967 - JF Organics
Carrots, Baby Mixed (12CT) SKU 6038 - Valdivia Farms
Celery, Baby (BU) SKU 144 - Yasutomi Farms
Kale, Baby Mixed (4#) SKU 18088 - County Line
Lettuce, Baby Mixed (24CT) SKU 20326 - County Line
Mustard, Baby Mix (4#) SKU 6694 - County Line
Radish, Purple Plum (12CT) SKU 22895 - Weiser Farms
Radish, Sparklers (12CT) SKU 21330 - County Line
Radish, Watermelon (BU) SKU 20797 - Weiser Farms
Spinach, Bloomsdale (4#) SKU 6679 - Rutiz Farms
Squash, Butternut (30#) SKU 5478 - Tutti Frutti Farms
Squash, Delicata (#) SKU 23702 - Tamai Farms
Squash, Honeynut Squash (10#) SKU 27900 - Weiser Farms
Squash, Kabocha (#) SKU 5973 - Tutti Frutti Farms
Squash, Red Kuri/Kabocha (#) SKU 20651 - Tutti Frutti
Sunchokes (#) SKU 2830 - Weiser Farms
Turnips, Baby Pink (12BU) SKU 5529 - Coastal Organics

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Arkansas Black (10#) SKU 23614 - Penryn Orch.
Apples, Fuji (10#) SKU 20149 - Fair Hills Farms
Apples, Gala (10#) SKU 20146 - Fair Hills Farms
Apples, Pink Lady (10#) SKU 20147 - Fair Hills Farms
Berry, Blackberry (FLAT) SKU 6674 - Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 - Pudwill
Berry, Strawberry (FLAT) SKU 5743 - Rancho La Familia
Grapes, Concord (5#) SKU 27702 - Scott Farms
Grapes, Vintage Red (5#) SKU 25758 - Scott Farms
Oranges, Valencia (40#) SKU 5710 - JJ Lone Daughter
Persimmons, Chocolate (FLAT) SKU 5517 - Penryn Orch.
Persimmons, Fuyu (FLAT) SKU 5516 - Murray Farms
Persimmons, Hachiya (FLAT) SKU 7214 - Briar Patch
Plums, Flavor Fall (FLAT) SKU 27847 - Murray Farms
Plums, Holiday (FLAT) SKU 27989 - Murray Farms
Quince, Pineapple (FLAT) SKU 19644 - Terry Ranch
Tomatoes, Beefsteak LRG (10#) SKU 5414 - Valdivia
Tomatoes, Cherry Mixed (12/1PT) SKU 23040 - Valdivia
Tomatoes, Heirloom (10#) SKU 7162 - Tutti Frutti Farms
Tomatoes, Sun Gold (12/1PT) SKU 5139 - Munak Farms

PLEASE NOTE:

HEIRLOOM TOMATOES - LIMITED, SEASON COMING TO END
STONE FRUIT - LIMITED, MAINLY PLUMS AVAILABLE
STRAWBERRIES (HARRY'S) - VERY LIMITED

WE SUPPORT: 2 PEAS IN A POD, ANDYS ORCHARD, BERNARD RANCH, COASTAL ORGANICS, COLEMAN FARMS, COUNTY LINE HARVEST, FAIR HILLS FARMS, FINLEY FARMS, FITZGERALD FARMS, FLORA BELLA FARMS, HARRY'S BERRIES, JF ORGANICS, JJ LONE DAUGHTER RANCH, LIFES A CHOKE, MCGRATH FARMS, MUD CREEK RANCH, MURRAY FARMS, ORGANIC PASTURES, PENRYN ORCHARDS, POLITO FARMS, PUDWILL FARMS, RANCHO LA FAMILIA, REGIER FARMS, RUTIZ FARMS, SCHANER FARMS, SUZIE'S FARM, TAMAI FARMS, TENERELLI FARMS, THAO FARMS, TUTTI FRUTTI, VALDIVIA FARMS, WEISER FARMS, WINDROSE FARMS, WONG FARMS, YASUTOMI FARMS, ZUCKERMAN FARMS & MORE

MORE FOOD FOR THOUGHT



PENRYN ORCHARDS

CHOCOLATE PERSIMMONS



FAIR HILLS FARMS

PINK LADY APPLES



WEISER FARMS

PURPLE PLUM RADISH



COASTAL ORGANICS

BABY PINK TURNIPS



TERRY RANCH

QUINCE



TUTTI FRUTTI

DELICATA SQUASH



RANCHO LA FAMILIA

STRAWBERRIES



LIFES A CHOKE

SQUASH W/ FLOWERS &
BABY ARTICHOQUES



SCOTT FARMS

GRAPES