

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / OCTOBER 2, 2015

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: PERSIMMONS, CHOCOLATE

FARM: PENRYN ORCHARDS

LOCATION: PLACER COUNTY, CA

ORDERING SKU: 5517

This is a new exciting one for me. Ever heard of a Chocolate Persimmon? They are similar in shape to a Hachiya persimmon with a reddish-orange skin. It is a non-astringent type which means it can be eaten firm or soft. They get their name from the dark color of their flesh. When fully pollinated, the inside is dark and often called "goma" in Japan. It has a sweet flavor with a hint of cocoa.

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Arugula, Rucola (4#) SKU 23764-County Line Farms
Beans, Lima (#) SKU 5824-McGrath Farms
Beets, Red (12BU) SKU 23923-County Line Farms
Celery, Baby (BU) SKU 144-Yasutomi Farms
Chiles, Padron (#) SKU 5442-Weiser Farms
Corn, White (48CT) SKU 7394-Tamai Farms
Chard, Rainbow (24CT) SKU 18003-Suzie's/County Line
Cucumbers (CS) SKU 22839-Tutti Frutti Farms
Cucumbers, Lemon (#) SKU 5429-Munak Farms
Ginger, Young (FRESH) SKU 5971-Thao Farms
Lettuce, Freckle (24CT) SKU 5403-Coleman Farms
Lettuce, Green Salanova (24) SKU 22510-The Garden Of...
Lettuce, Red Salanova (24) SKU 19260-The Garden Of...
Potato, Yukon (50#) SKU 6887-Zuckerman Farms
Radish, Purple Plum (12BU) SKU 22895-Weiser Farms
Spigarello (12BU) SKU 5408-Weiser Farms
Squash, Delicata (#) SKU 23702-Rutiz & Weiser Farms
Squash, Hubbard (#) SKU 7244-Suzie's Farm
Squash, Red Kuri (#) SKU 20651-Rutiz Farms
Squash, Zephyr (#) SKU 22838-McGrath Farms
Tomatoes, Heirloom Mixed SKU 7162-Tutti Frutti Farm
Tomatoes, Mixed Cherry SKU 23040-Tutti Frutti Farm

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Fuji (10#) SKU 20149-See Canyon Farms
Apples, Granny Smith (10#) SKU 24215-Murray
Apples, Quince (10#) SKU 19644-Terry Ranch
Avocados, Reed (FLAT) SKU 5588-JJ Lone Daughter
Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm
Berry, Raspberry Red (FLAT) SKU 6676-Pudwill Farm
Figs (FLAT) SKU 5862-Jimenez Farms
Grapes, Autumn Royal (10#) SKU 5863 - Peacock
Grapes, Green Seedless (10#) SKU 6480-Peacock Farm
Oranges, Valencia (40#) SKU 5710-JJ Lone Daughter
Papaya, Gold (#) SKU 24849-Golden State Papaya
Pears, Bartlett (FLAT) SKU 25756-Penryn Orchard
Persimmons, Chocolate (FLAT) SKU 5517-Penryn
Persimmons, Brown Sugar (FLAT) SKU 20515-Penryn
Plums (FLAT) SKU 6907-Murray Farms

ENDING/GAPPING ITEMS:

Grapefruit, Oro Blanco - Gapping until November
Mixed Melons (20#) - Weiser is done for the season
Peaches, Yellow - Done
Strawberries, Gaviota SKU 22092 - Gapping indef.
Sunchokes - Gapping for a month (very limited supply)
Tomatoes, Mixed Cherries - Limited to 2 maybe 3 colors
Watermelon, Red Seedless SKU 19127 - Done

WE SUPPORT: 2 PEAS IN A POD, ANDYS ORCHARD, BERNARD RANCH, COASTAL ORGANICS, COLEMAN FARMS, COUNTY LINE HARVEST, FAIR HILLS FARMS, FITZGERALD FARMS, FLORA BELLA FARMS, HARRY'S BERRIES, JF ORGANICS, JJ LONE DAUGHTER RANCH, LIFES A CHOKE, MCGRATH FARMS, MUD CREEK RANCH, MURRAY FARMS, ORGANIC PASTURES, PENRYN ORCHARDS, POLITO FARMS, PUDWILL FARMS, RANCHO LA FAMILIA, REGIER FARMS, RUTIZ FARMS, SUZIE'S FARM, TAMAI FARMS, TENERELLI FARMS, THAO FARMS, TUTTI FRUTTI, VALDIVIA FARMS, WEISER FARMS, WINDROSE FARMS, WONG FARMS, YASUTOMI FARMS, ZUCKERMAN FARMS & MORE

MORE FOOD FOR THOUGHT



VALDIVIA FARMS

BEEFSTEAK TOMATOES



TUTTI FRUTTI FARMS

MIXED HEIRLOOM
TOMATOES



WEISER FARMS

PURPLE PLUM RADISHES



PENRYN ORCHARDS

CHOCOLATE PERSIMMONS



FAIR HILLS FARM

FUJI APPLES



PENRYN ORCHARDS

BROWN SUGAR
PERSIMMONS



WEISER FARMS

DELICATA SQUASH



TERRY RANCH

QUINCE APPLE



TUTTI FRUTTI FARMS

BUTTERNUT SQUASH