

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JANUARY 20, 2017

CUSTOMER SERVICE/ORDER DESK 800.464.8349



FEATURED ITEM: SUMO CITRUS

FARM: GEORGE FARMS

LOCATION: LINDSAY, CA

ORDERING SKU: 28592

I always look forward to January and February when the Sumo make a return to our local farmers markets. George Farms is one of the lucky growers who are licensed and trained to carefully grow and sell the fruit in California. Sumo are a cross between a Japanese Satsuma and a California Navel Orange. They resemble a large mandarin with a knob top like a Tangelo. Not only are they sweet with a great mandarin flavor, but also easy to peel and seedless. We will have in stock for the next month or so depending on weather.

HOT LEAFY/VEGETABLE ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Arugula, Rucola (4#) SKU 23764 - County Line Harvest
Beets, Baby Candy Beets (12CT) SKU 23922 - County Line
Beets, Baby Gold Beets (12CT) SKU 5422 - County Line
Beets, Baby Mixed (12CT) SKU 5967 - County Line
Beets, Baby Red (12CT) SKU 23923 - County Line
Broccoli, Diccio (#) SKU 4727 - County Line
Broccoli, Baby Purple (5#) SKU 24242 - Weiser Farms
Broccoli, Baby Sprouting (#) SKU 7135 - Coleman Farms
Carrots, Baby Rainbow (12BU) SKU 6038 - County Line
Carrots, Baby Nantes (12BU) SKU 21138 - Weiser Farms
Celery, Baby (BU) SKU 144 - Yasutomi Farms
Celery, W/Tops (12ct) SKU 6748 - Tutti Frutti Farms
Garlic, Spring (#) SKU 5595 - Valdivia Farms
Lettuce, Baby Mixed (24CT) SKU 20326 - County Line
Mustard, Baby Mix (4#) SKU 6694 - County Line
Onions, Spanish (5#) SKU 7156 - Finley Farms
Parsnips, Baby (10#) SKU 2017 - Weiser Farms
Potatoes, Magic Myrna (10#) SKU 24625 - Weiser Farms
Radish, Purple Plum (12CT) SKU 22895 - Weiser Farms
Spigarello, Large (12BU) SKU 5408 - County Line
Spinach, Bloomsdale (4#) SKU 6679 - County Line
Squash, Red Kuri (#) SKU 20651 - Tutti Frutti
Turnips, Baby Scarlet Turnips (12BU) SKU 28109 - County Line

HOT FRUIT ITEMS! *Pre-order Mon for Wed Market - Limited Quantities on Hand

Apples, Cameo (10#) SKU 28591 - Fair Hills Farms
Apples, Fuji (10#) SKU 20149 - Fair Hills Farm
Apples, Pink Lady (10#) SKU 20147 - Fair Hills Farm
Berry, Blackberry (FLAT) SKU 6674 - Pudwill Farm
Berry, Blueberry (FLAT) SKU 6673 - Pudwill Farm
Berry, Raspberry (FLAT) SKU 6676 - Pudwill Farm
Berry, Strawberry Gaviota (FLAT) SKU 22092 - Harry's
Grapefruit, Oro Blanco (CASE) SKU 6683 - Bernard Ranch
Grapefruit, Ruby Red (CASE) SKU - 20151 - Bernard Ranch
Oranges, Cara Cara (CASE) SKU 6021 - JJ Lone Daughter
Oranges, Valencia (40#) SKU 5710 - JJ Lone Daughter
Tangerines, Sumo (5#) SKU 28592 - George Farms
Tangerines, Tree Ripened (10#) SKU 23828 - Regier Farms
Tomatoes, Beefsteak LRG (10#) SKU 5414 - Valdivia
Tomatoes, Cherry Mixed (12/1PT) SKU 23040 - Valdivia

PLEASE NOTE:

APPLES, ARKANSAS BLACK - DONE
DELICATA SQUASH - PRE ORDER ONLY, VERY LIMITED
PERSIMMONS - FUYU DONE FOR THE SEASON
STRAWBERRIES - LIMITED

MORE FOOD FOR THOUGHT



SCHANER FARMS

TAHITIAN SQUASH



FAIR HILLS FARMS

PINK LADY APPLES



WEISER FARMS

PURPLE PLUM RADISH



COLEMAN FARMS

FRECKLE LETTUCE



COUNTY LINE HARVEST

BABY MIXED LETTUCE



VALDIVIA FARMS

GREEN GARLIC



COLEMAN FARMS

BABY SPROUTING
BROCCOLI



WEISER FARMS

MAGIC MYRNA FINGERLING
POTATOES



WEISER FARMS

SALSIFY