

Good News

- Warm weather has greatly improved pricing and supply on all major leaf items.
- Artichokes are coming in free of frost damage with excellent quality.
- Blue Lakes are coming excellent with prices at lower levels. Great substitute for asparagus right now.
- Herbs have finished their recovery with the exception of thyme which needs another 2-3 weeks.

Bad News

- Lime prices are heading back up on smaller sizes. 110/150 ct are best price.
- Port strikes are continuing to hurt supplies on all imported products.
- Blueberries are very tight due to the port strike. Domestic fruit will be in good supply in about 4-6 weeks.

Local Spotlight

Item#

24242 Baby Purple Broccoli 5#, Weiser Farms

4574 Spinach Bloomsdale 4#, Suzie's Farm

23764 Rucola Arugula 3#, County Line

20326 Lettuce Baby Mix 24 ct, County Line

7216 Chicory Mix 5#, County Line

6038 Carrots Baby Mix 12 bu, County Line

23922 Beets Baby Candy Striped 12 bu, County Line

23923 Beets Baby Red 12 bu, County Line

23924 Beets Baby Gold 12 bu, County Line

22582 Strawberries 8/1#, Blue Heron

21877 Baby Lettuce Mix 2#, Blue Heron

5367 Stinging Nettles 1#, Blue Heron Farms

23778 Peas Sugar Snap 8 oz, Blue Heron Farms

New In Stock

Mohawk Premium Tier Bacon

Item# 162

Hickory Bacon Slab Slice

Item# 6657

Applewood Bacon, Slab Slice



Ask your sales rep for a sample!

Market Overview

Avocadoes

Overall quality is good on supply out of MX. Price is up slightly.

Artichokes

Price is holding slightly higher this week and through next. Most product is free of frost damage.

Asparagus

XL/Jumbo sizes are coming back into the market. Product is coming in from Salinas, MX, and Peru.

Broccoli, Cauliflower, Celery, & Cabbage

Warm temperatures have continued to improve supply. Price is steady and quality is good.

Leaf Items

Iceberg – Supply is good and prices have come way off.

Romaine/Romaine Hearts – Quality has improved and prices have come down to normal levels.

Green/Red Leaf – Supplies are fair and product looks clean and crisp.

Melons

Honeydew, Cantaloupe – Smaller sizes are light in supply. Pricing is moderate and quality is fair.

Watermelon – MX product will be available until Spring. Supply is somewhat light and prices are up slightly.

Pineapple – Offshore fruit is tight due to port strike issues. Quality is moderate.

Tomatoes

Slicing/Romas – Product out of MX is still coming in great. Prices are holding at lower levels.

Grape & Cherry – Product out of MX is still coming in great. Prices are holding at lower levels.

Heirlooms – Hothouse product is available. Price is up.

Citrus

Grapefruit – CA fruit is limited. Great supplies continue out of TX and FL.

Lemons – Smaller fruit is becoming more available but supply is still tight.

Limes – Shortage issues have increased prices again.

Cara Cara & Blood – Supplies continue to be excellent.

Stone Fruit

Product is Chilean across the board. Quality is fair and prices are up slightly.

Berries

Straws – Good availability with the warmer/dry weather. Supplies should continue to be steady.

Black – Fruit looks good and prices are holding at lower levels.

Squash

Yellow Squash – Availability remains steady and price is holding at a normal level.

Zucchini – Availability remains steady and price is holding at a normal level.

Peppers

Bells – Green, Yellow, and Red are in steady supply out of MX.

Hot House (English) Cukes

Supply is good out of MX.

Cucumbers

Supply is steady out of MX though some quality issues have been noted.