

### Good News

- Conventional shell egg prices are easing off!
- Shishito Peppers are domestic and quality is excellent.
- Broccoli/Cauliflower/Celery/Cabbage – prices are down and quality is up.
- NZ Cherries and Apricots are in and quality is excellent.
- Broccoli di Cicco from Weiser Farms due in this week - Item# 20916

### Bad News

- Jumbo Size Asparagus is short.
- Strawberry quality is off slightly and prices are climbing coming into Valentine's Day.
- Brussel Sprouts pricing is up and quality is off.
- Romaine Heart pricing will remain high and quality supplies will be tight.
- Iceberg prices and yields are going to be poor.

### Local Spotlight

Item#

- 24140 Puntarelle 1 dz, The Garden Of...  
 23179 Nantes Carrots 25#, The Garden Of...
- 7216 Chicory Mix 5#, County Line  
 6038 Carrots Baby Mix 12 bu, County Line  
 23922 Beets Baby Candy Striped 12 bu, County Line  
 23923 Beets Baby Red 12 bu, County Line  
 23924 Beets Baby Gold 12 bu, County Line
- 7162 Tomato Heirloom Mix 10#, West Coast Nurseries
- 4072 Tomato Cherry Mixed 12/6 oz, Tamai Farms
- 21877 Baby Lettuce Mix 2#, Blue Heron  
 5367 Stinging Nettles 1#, Blue Heron Farms  
 23778 Peas Sugar Snap 8 oz, Blue Heron Farms
- 7228 Pea Tendrils 3#, McGrath Farms  
 4574 Spinach Bloomsdale 4#, Suzie's Farm

### New In Stock

**Item# 24144**

**Agave Sour Mix**

Ask your sales rep for a sample!



# Market Overview

## Avocadoes

Demand is coming down after the Super Bowl and prices will begin to ease off.

## Artichokes

Price is up and quality is slightly off.

## Asparagus

Demand is slow and Jumbo is in short supply. All other sizes are improving and price is easing off.

## Broccoli, Cauliflower, Celery, & Cabbage

Prices are returning to normal. Supply and quality is good.

## Leaf Items

Iceberg – Iceberg prices are headed back up. Quality is off and yield per case is going to be low.

Romaine Hearts – Prices are up and supply is light. Quality is slightly off as well.

Green/Red Leaf – Prices are coming down and quality is improving.

Radicchio – CA product is available and quality is good.

## Melons

Honeydew, Cantaloupe – Quality is improving and pricing is headed down.

Watermelon – Prices are coming down slightly and quality is improving.

Pineapple – Holding steady on price and quality.

Pink Honeydew – Available with supplies out of MX.

MAG Melons – Available from Del Monte out of Costa Rica. Great substitute for Cantaloupe when quality is off.

Galia Melons – Supply out of Honduras; quality is fair.

## Tomatoes

Slicing – Supplies continue to be excellent. Price is down and quality is up.

Romas – Supply continues to improve and pricing is steady.

Grape & Cherry – Supply out of Baja is excellent.

Heirlooms – Hothouse product available.

## Citrus

New Items – Mandarinquats and Kumquats

Grapefruit – TX/FL fruit is in good supply.

Lemons – Smaller sizes are still tight.

Limes – Prices are coming off.

Cara Cara & Blood – Supplies are very strong and expected to hold out through March.

## Stone Fruit

Cherries – Supply out of NZ is in and quality is great!

Peaches, Nectarines, Saturns, & Plums – Good supply out of Chile.

Apricots – Supply out of NZ is in and quality is great!

## Berries

**Straws** – Supply is limited on Oxnard fruit and the market will continue to rise leading up to Valentine’s Day. Some bruising with white shoulders.

**Blues** – Market is up due to labor strikes at the ports. Quality is decent and demand will continue to rise

**Black** – Demand is strong on product out of MX. Supply will continue to improve as the warmer weather continues.

## Squash

**Yellow Squash** – Availability is good and pricing is off.

**Zucchini** – Market is flooded with MX product.

## Peppers

**Bells** – Supplies on Red, Gold, and Green are all very good and pricing is off.

## Hot House (English) Cukes

Supply on MX product is good and price is down. Product will continue to improve over the coming weeks.

## Cucumbers

Good supply and pricing on product out of Nogales. Product should be steady over the coming weeks.

## Blue Lakes

Supply out of Nogales is great and prices are down. Excellent quality.

## Herbs

Product continues to recover due to the warmer weather. **Lemon Thyme** has been slow to recover and may run short this week.